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Seven partners from six different European countries are involved in the project:



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**Psychological
Early
Intervention**

TO KNOW MORE

Project website
psychein.pixel-online.org



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**Psychological
Early
Intervention**

Psychological Early Intervention: Clinical Training

Psych.E.In.



Project Number: 2020-1-PL-KA202-082075

CONTEXT

The pandemic of 2020 due to Covid-19 is stressing the crucial competences of sanitary staff and rescuers involved in Emergency. Psychological interventions to support victims and rescuers are becoming a key capability of the community. The upcoming demand of training by psychologists, psychotherapists and psychoanalysts is rising. Psychological Early Intervention: Clinical Training (Psych.E.In.) is a Vocational Educational Training (VET) for psychologists, psychotherapists and psychoanalysts to strengthen their accessibility and expertise in the field of Emergency intervention and Mass Crisis.



PSYCH.E.IN. AIMS

The aim of the **Psych.E.In.** project is to train target groups:

Clinical competences to provide psychological support to victims to increase personal and community resilience in natural disasters and humanitarian emergencies.

Crisis management facilitating competences to improve coordinated and integrated interventions in Emergency, to reduce the impact and to support a prompter community recovery.

INTELLECTUAL OUTPUTS

2 MOOCs – Massive Open Online Courses on Early Psychological Intervention targeted to psychologists, psychotherapists and psychoanalysts in the frame of a trans-theoretical prospective as well as VET trainers with interactive methods using videos, cases analysis, exercises, peer evaluations sheets.

2 Toolkits on Early Psychological Intervention aimed at taking care of the mental health of psychological staff preventing burn out and consequences of vicarious trauma.

Collection of Case Studies on Early Psychological Intervention, presenting several cases treated with different methodological approach applied to different Emergency settings.

RESILIENCE

TARGET GROUPS:

Psych.E.In. direct target groups are:

- Psychologists, psychotherapists, psychoanalysts
- Vocational educational trainers (VET) in the field of psychology, psychotherapy and psychoanalysis

Psych.E.In. indirect target groups are:

- Direct and indirect victims, sanitary and officer rescuers.

