

Toolkit 2 - Learning Unit 1

Pre-intervention

Activity 1a

Map the emergency agencies operating in the maxi-emergency, including existing psychosocial services which should be fully mapped and incorporated into the psychosocial care plan



Exercise

Preparedness

1. Do you have a rescue map, intervention and support teams ready?



NO

Activity 1a

A) Go through the following workplaces and the tasks step by step:

Workplace:	Tasks:
Hospitals with a psychiatric ward	Contact the head of the psychiatric department at your hospital, arrange a meeting and discuss the possibilities of cooperating in event of a crisis. In particular, focus on the limits of mutual cooperation from the hospital (e.g., how many crisis patients they are able to admit at most, over what time period, what services they do not provide, what the age range is of patients the hospital can treat, which diagnoses they do not deal with...).

	<p>Write down the contact(s) of the corresponding person(s).</p>
<p>Psychiatric outpatient clinics and clinical psychology outpatient clinics</p>	<p>Map the network of psychiatric and clinical-psychological outpatient clinics in your city and check the willingness or unwillingness of each doctor and clinical psychologist to cooperate in a crisis situation.</p> <p>Write down the contact(s) of the corresponding person(s).</p>
<p>Crisis centres</p>	<p>Get in touch with crisis centres in your area and check their capacity to provide help in a crisis.</p> <p>Write down the contact(s) of the corresponding person(s).</p>
<p>Centres for social services with accommodation</p>	<p>Map the structure of centres for social services (type of residents admitted - gender, type of problems, diagnosis ...) that could provide accommodation for people in crisis.</p> <p>Write down the contact(s) of the corresponding person(s).</p>
<p>Crisis hotlines for different age groups</p>	<p>Check the availability of crisis hotlines in relation to different age groups.</p> <p>Write down the contact(s) of the corresponding person(s).</p>
<p>Facilities to help victims of domestic violence.</p>	<p>Map the network of facilities aimed at helping victims of domestic violence. Check the capacity and possibility of providing assistance, the specific person, the conditions for providing this assistance. Check the availability of a psychologist at the facility.</p> <p>Write down the contact(s) of the corresponding person(s).</p>

<p>Crisis lines focused on addiction, gambling problems, etc.</p>	<p>Check the available emergency lines against the specific dependency needed to be addressed. Check the availability of help on these lines and the conditions under which it is provided.</p> <p>Write down the contact(s) of the corresponding person(s).</p>
<p>Disease-focused crisis lines – e.g., Psycho-oncology helplines, National Mental Health Helpline, COVID-19 mental health crisis helpline...</p>	<p>Check the available crisis hotlines in relation to specific diseases. Check the availability of help on these lines and the conditions under which it can be provided.</p> <p>Write down the contact(s) of the corresponding person(s).</p>

B) Ask your colleagues if they can think of any other workplaces to add.

C) Create a clear map of cooperating systems in emergency situations, with brief information and contacts.