

## Toolkit 2 - Learning Unit 12 Pre intervention

### Review of problem-solving skills and of the decision-making process

#### 2. Types of decision-making process within the team



#### Activity 2



#### Explore the information:

- 1) Be aware of cognitive bias
  - a. **Some of these biases are related to memory.** The way you remember an event may be biased for a number of reasons and that, in turn, can lead to biased thinking and decision-making.
  - b. **Other cognitive biases might be related to problems with attention.** Since attention is a limited resource, people have to be selective about what they pay attention to in the world around them. (<https://www.verywellmind.com/what-is-a-cognitive-bias-2794963>)
- 2) Use mind maps
  - a. mind maps can help focus the mind, stimulate the brain, increase the capacity for creative thinking, and generate more ideas for solutions ([https://www.ayoa.com/imindmap/articles/how-to-use-mind-maps-for-problem-solving/?utm\\_medium=301&utm\\_source=imindmap.com](https://www.ayoa.com/imindmap/articles/how-to-use-mind-maps-for-problem-solving/?utm_medium=301&utm_source=imindmap.com))
- 3) Use psychological distance
  - a. Use construal level theory (CLT) which focuses on the mental distance between us and our problem, and helping us increase creative solutions (more here <https://www.scientificamerican.com/article/an-easy-way-to-increase-c/>)
- 4) Use a journal to keep your ideas together
- 5) Brainstorm with your team





Project Number: 2020-1-PL-KA202-082075- Strategic Partnerships for vocational education and training

## 6) Nominal Group Technique

- a. write down ideas in private.
- b. share ideas
- c. discuss ideas
- d. vote on ideas



Co-funded by the  
Erasmus+ Programme  
of the European Union

The European Commission support for the production of this publication does not constitute an endorsement of the contents which reflects the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.