Toolkit 2

Pre intervention

Learning Unit 9

Peer support - having a supportive context is crucial to enhance resilience

3 - Sharing a written protocol

3. Do you have a written protocol? **Yes**

If you answered "Yes", please share the protocol and discuss it with your members. Verify the process is understood and shared. You could also describe the process visually using a flow chart or diagram.

Exercise

Activity 5

Note: As team leader, it is very important to care about the inner coherence of the intervention process and that all members have knowledge of it.

Check: answer the following two questions?

    a.   Do you verify the process of your early psychological intervention with your team? …………………………………………..

    b.   Do you verify the team knowledge of your early psychological intervention? ………………………………………………….

Written protocol of the early psychological intervention is a useful tool to answer the previous questions.

To be used:
App to update diagram/flowchart of roles, skills and competences:

1. Flow chart: Visual paradigm online - https://online.visual-paradigm.com/diagrams/solutions/free-flowchart-maker-online/
2. Flow chart: Canva - https://www.canva.com/graphs/flowcharts/
3. Microsoft Smart art in ppt

Example

Discuss your protocol with your team member in terms of SWOT:
- Strengths
- Weaknesses
- Opportunities
- Threats

SWOT ANALYSIS

- Strengths describe what a project excels at
- Characteristics of the project that give it an advantage over others

STRENGHTS

- Areas where the project needs to improve to remain competitive
- Characteristics that place the business or project at a disadvantage relative to others

WEAKNESSES

- Refer to favorable external factors that could give a competitive advantage
- Elements in the environment that project could exploit to its advantage

OPPORTUNITIES

- Refer to elements that may be potential risk factors
- Elements in the environment that could cause trouble for the project

THREATS