



## Toolkit 2

### Pre intervention

#### Learning Unit 9

### Peer support - having a supportive context is crucial to enhance resilience

#### 1 - Previous experiences as a team member

1. *Did you work together before?*  No

If you answered “No”, please answer the follow brief checklist.



Self  
Assessment

#### Activity 2

##### 1. Have you worked together before?

**Note:** As team leader, it is very important to facilitate the relationship inside the group. It is fundamental that all members know and feel cohesion inside the group.

**Check with your team:** It is crucial that the informal and implicit good feeling inside the team also become explicit knowledge and competences and members become aware of them.





## Activity 2

### Assess your new team

1. Please write down three strengths you are expecting when working with the new team.

1. ....
2. ....
3. ....

2. Create a situation (e.g. brief meeting, some training...) to discuss the expected strengths between members.

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3. Please write down three concerns you are having working with the new team or with your facilitator/coordinator.

1. ....
2. ....
3. ....

3. Create a situation (e.g. brief meeting, some training...) to discuss the expected strengths between members.

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