



Toolkit 1
Lerning Unit 9

Awareness about others: stay alert to information and develop
Pre-Intervention

Developed by



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LERNING UNIT 9

Awareness about others: stay alert to information and develop



1. Stages of the process of perceiving others

Question: Do you know the stages in the process of perceiving others?

Activity: Analyzing the stages of perceiving others.



2. Factors influencing the perception of others

Question: Do you know what factors influence the perception of others?

Activity: Recognize your inclinations and limitations.



3. Focusing your own body.

Question: Can you recognize and interpret body cues related to the perception of others?

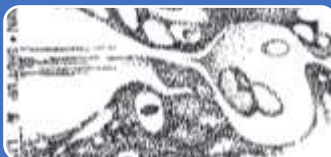
Activity: Relax and mindfulness training.



4. Perception errors.

Question: Can you recognize mistakes in the perception of others?

Activity: Analysis of own material.

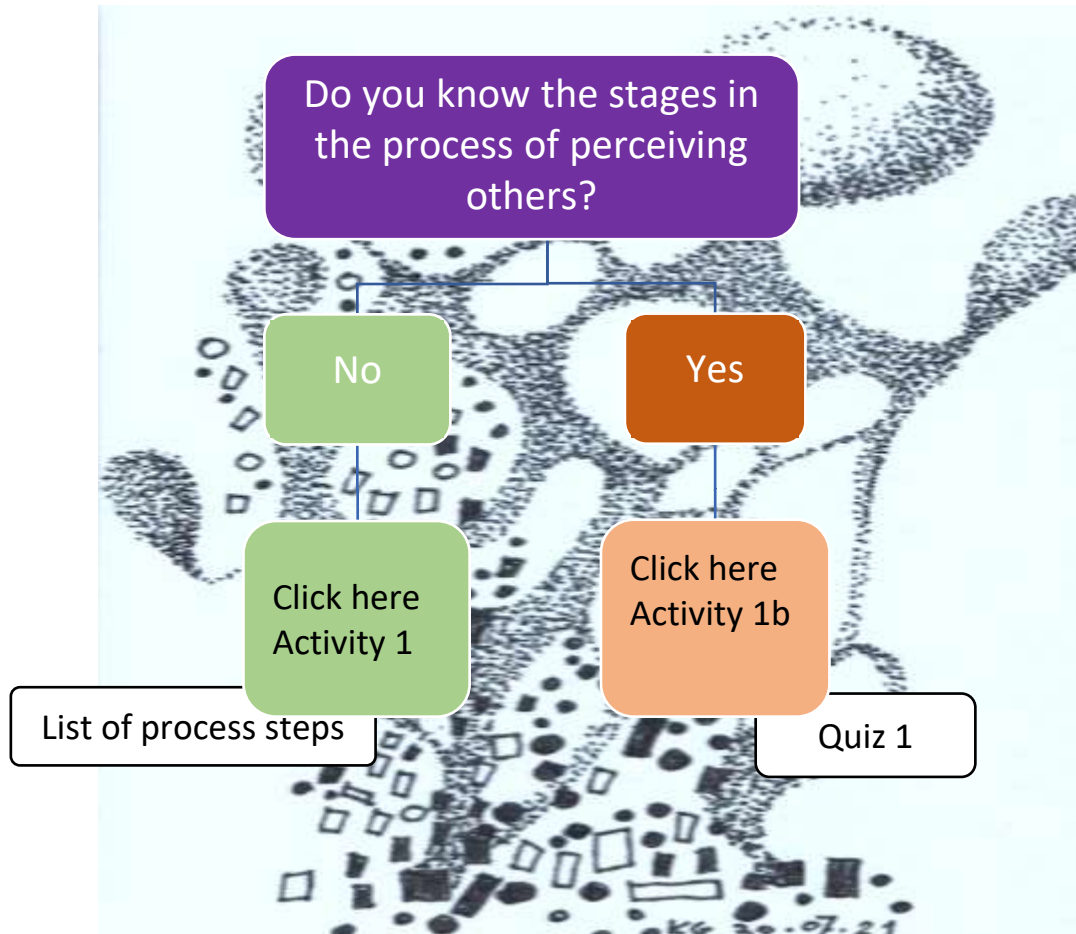


5. Listening, following, narration.

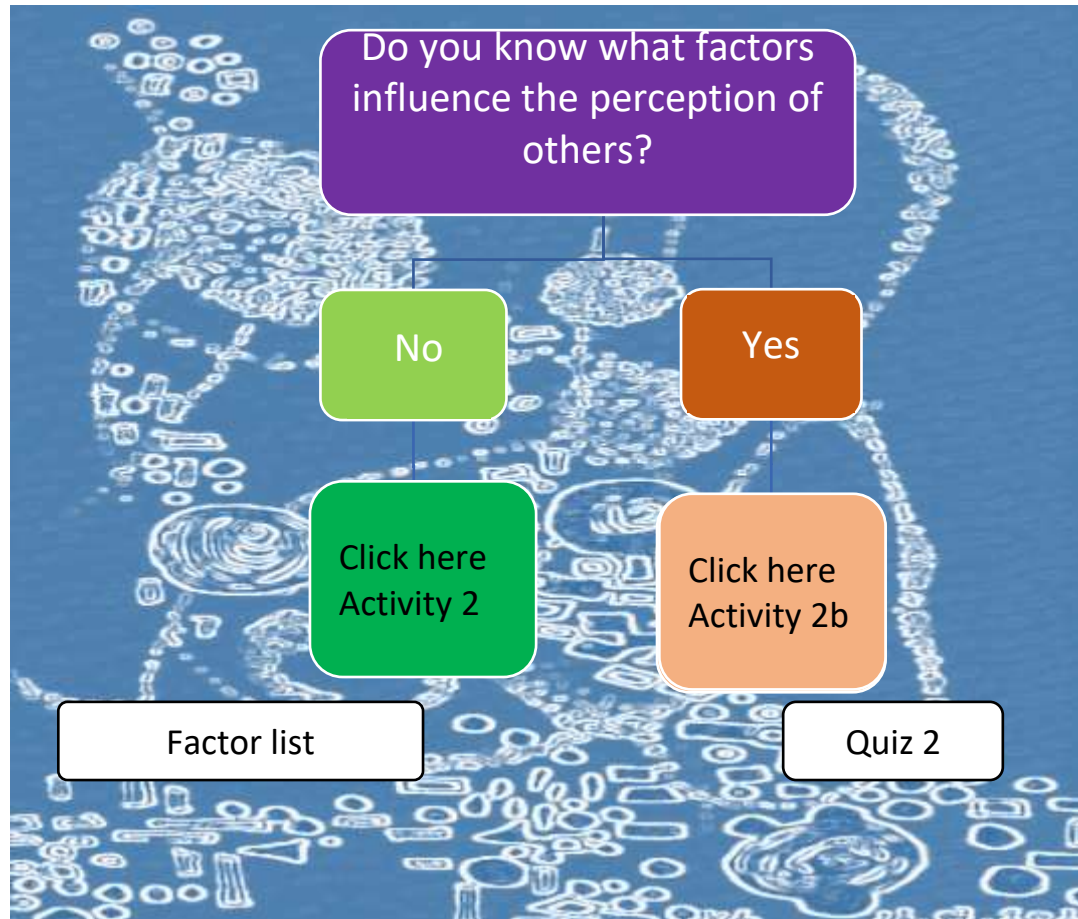
Question: Can you listen to others, follow them and build a common narrative?

Activity: Creating a shared narrative with the client.

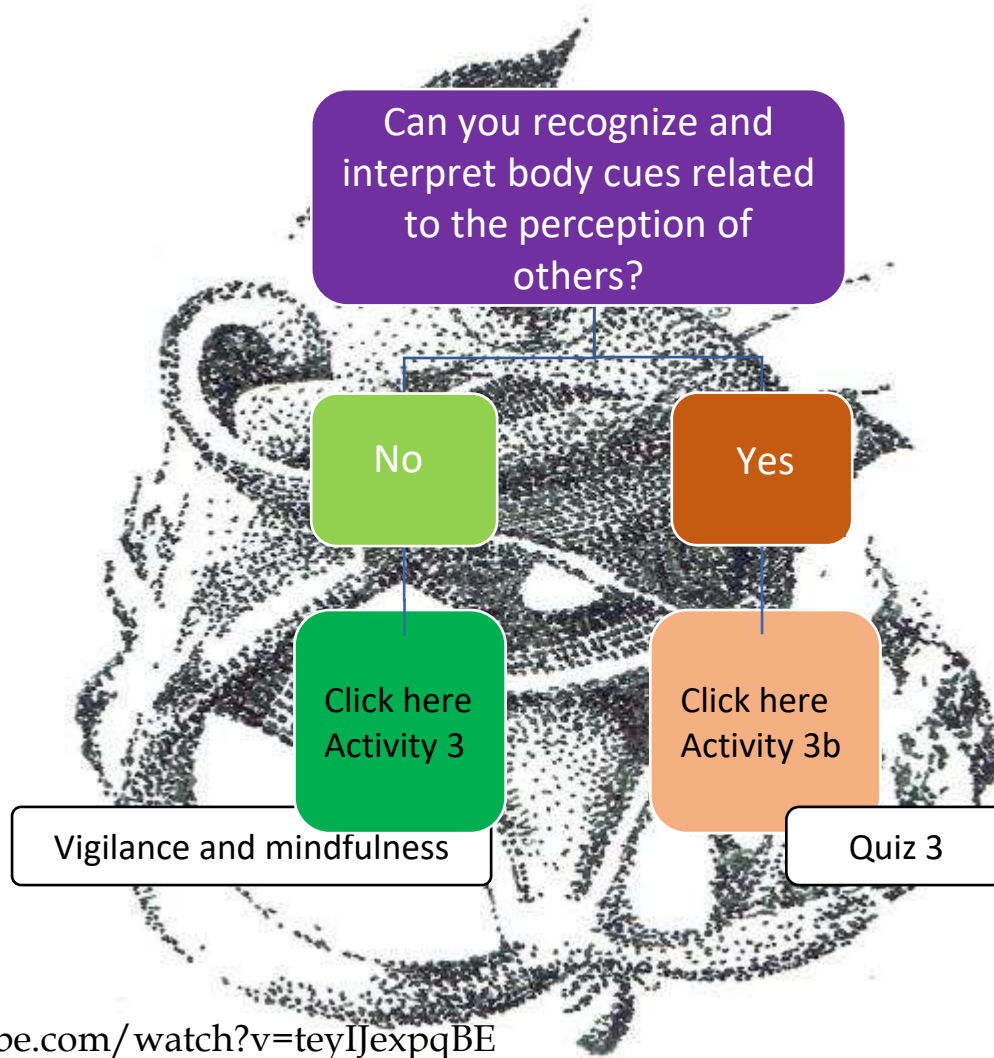
1 – Stages of the process of perceiving others



2 – Factors affecting the perception of others

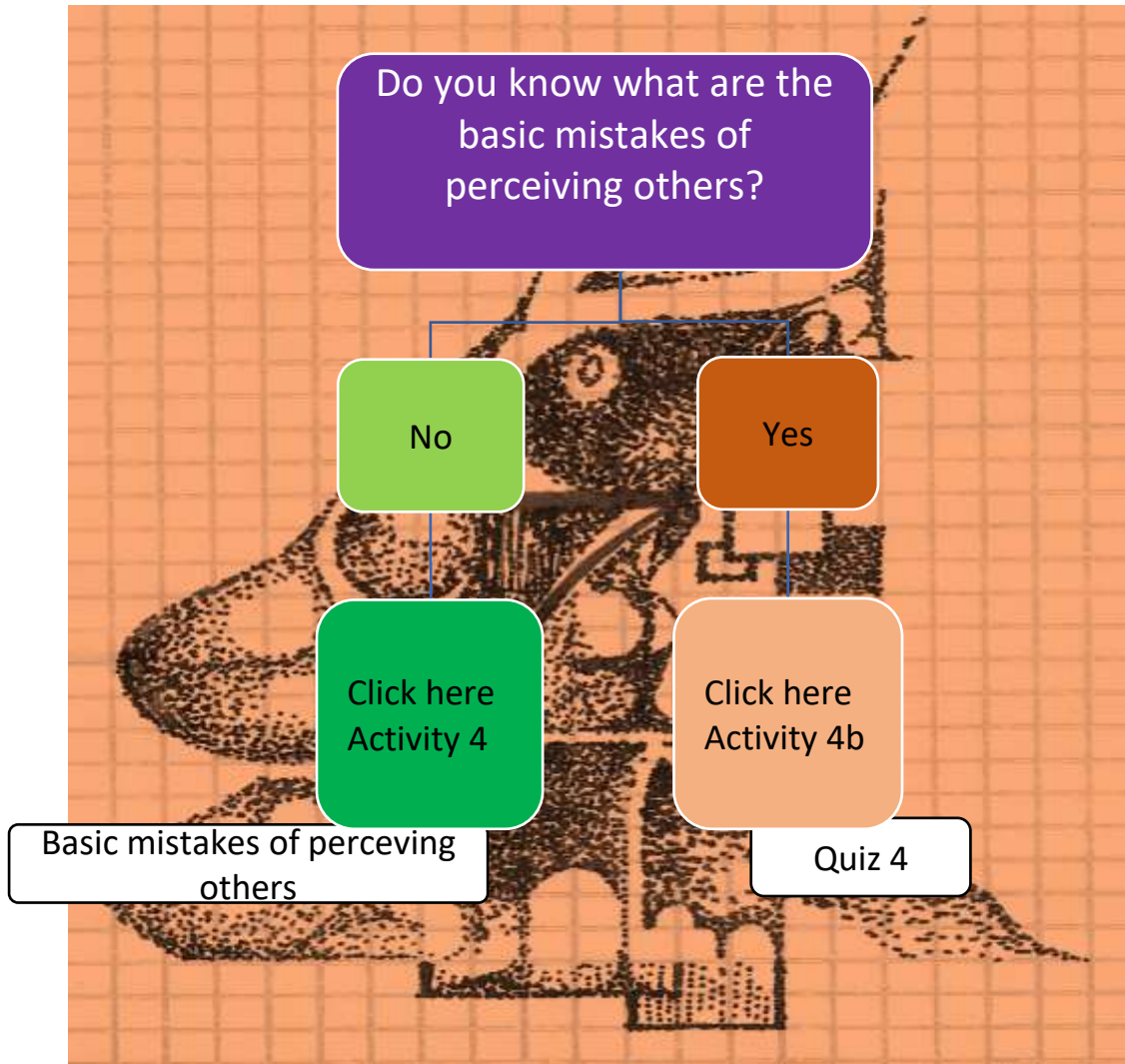


3– Focusing your own body

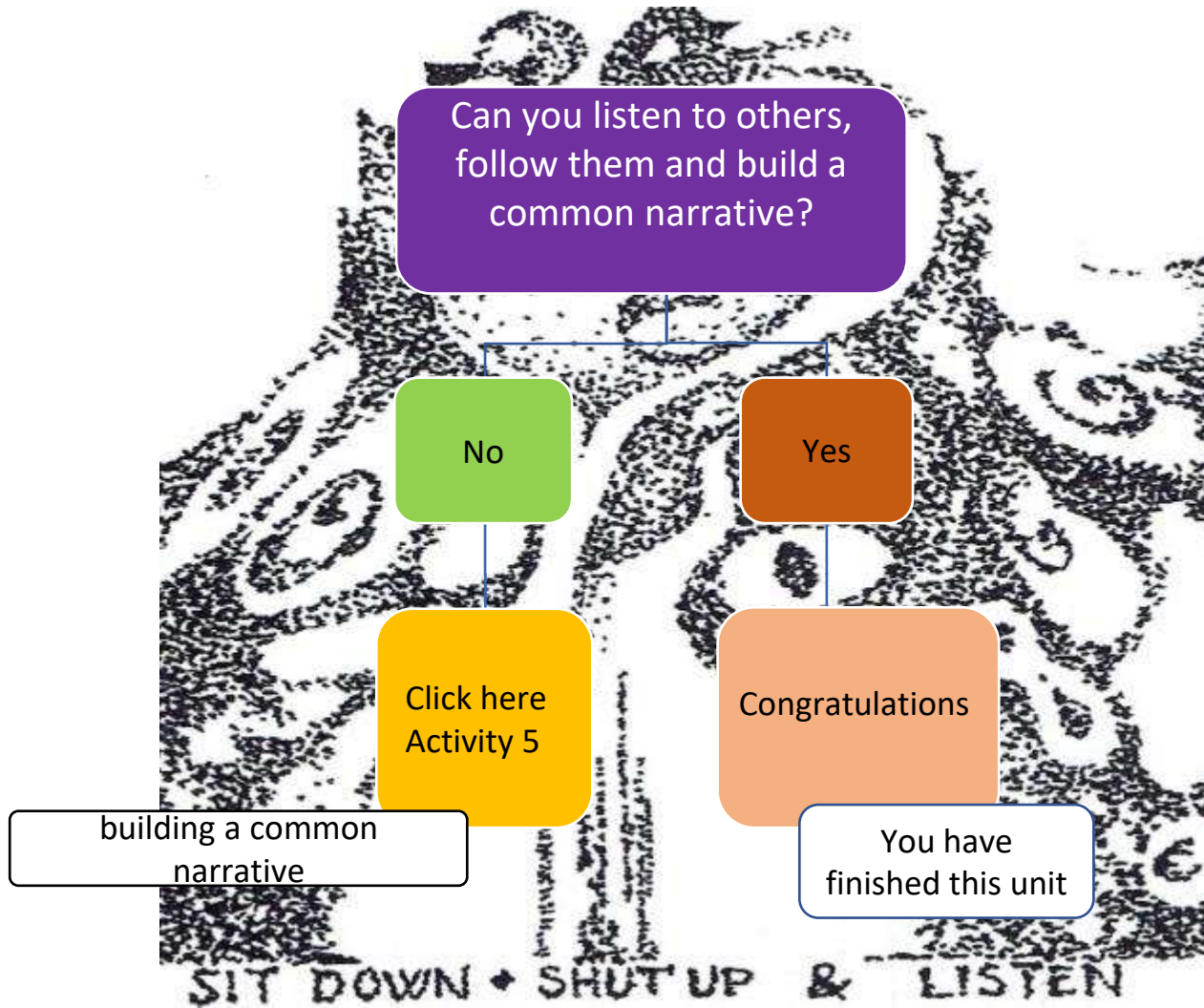


www.youtube.com/watch?v=teyIjexpqBE

4– Errors of perception



5– Listening, following, narrating





Thanks

Keep going to
another Unit

If you need