

Toolkit 1 - Learning Unit 7

Pre-intervention

Activity 5

Learning to learn: capitalize on your learning, understanding and profiting from experience



Exercise

Evaluation of interventions

5. Can you estimate what impact your interventions should have and how clients in crisis should feel and behave after your interventions?



YES, or NO

Activity 5

Each person chooses one intervention technique from a list of possible techniques for early psychological intervention prepared in advance by the team.

Each participant for themselves during the first 10 minutes:

- estimates the impact on the client;
- determines how to validate the impact;
- thinks about a possible change in case the desired outcome of the intervention is not achieved.

In the second part of the exercise (20 min.), the findings and options are discussed in a group of 6.

If it is not possible to work in a group, please make a list of possible early psychological interventions (minimum 5) or choose from the list of possible techniques for early psychological intervention prepared in advance by the team. Then go through the previously mentioned points a), b), c).