

Project Number: 2020-1-PL-KA202-082075



Toolkit 1 Leaning Unit 6 Learning from Experience — Rely on Collective Intervention Capacities

Pre intervention

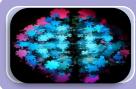
Developed by Institute of Group Analysis Athens (I.G.A.A.)







L.U. 6 – Synopsis Learning from Experience – Rely on Collective Intervention Capacities



- 1. Key words: Aspects of Experiential Learning
- •Question: Are you familiar with the concept of experiential learning?
- Activity 1: Aspects involved in Experiential Learning



- 2. Key words: Negative feelings
- Question: Are you aware of your negative feelings, <u>before</u> engaging in an emergency intervention?
- Activity 2a: Examining negative feelingsActivity 2b: Negative feelings awareness



- 3. Key words: Critical thinking
- •Questions: Are there ways to promote higher levels of critical thinking?
- Activity 3a: How to develop essential skills
- •Activity 3b: https://www.inc.com/larry-alton/7-mental-exercises-to-make-you-a-better-critical-thinker.html



4. Key words: Self-awareness promotion

Question: Are you aware of what could encourage you to promote self-awareness through experiential learning?

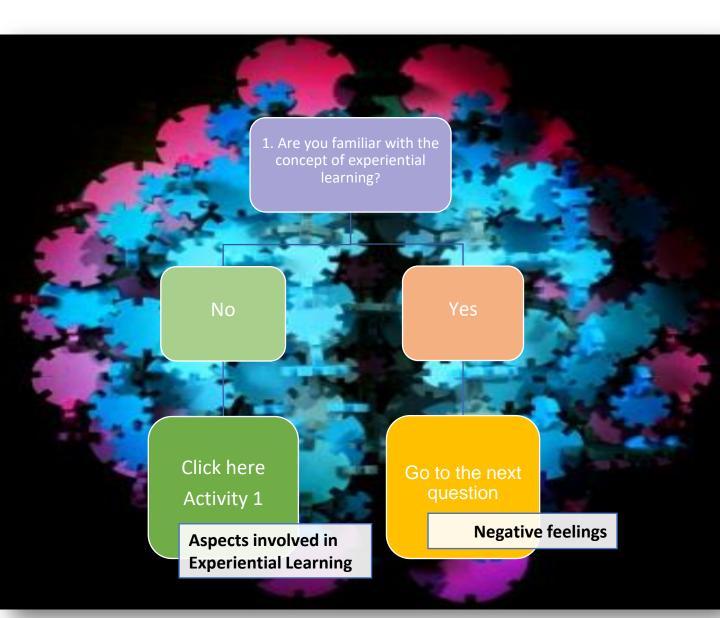
Activity 4: Developing Self-awareness



- 5. Key words: Upgrading the learning process
- Question: Do you know how to upgrade the level of the learning process?
- Activity 5a: Increasing the level of complexity during Experiential Learning process
- Activity 5b: Upgrading the level of the learning process

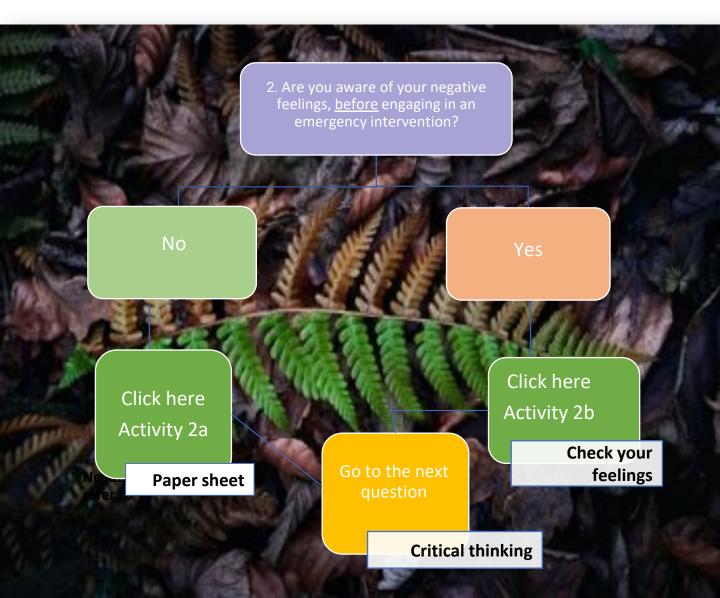


1 – Aspects of Experiential Learning





2 - Negative feelings





3 – Critical thinking



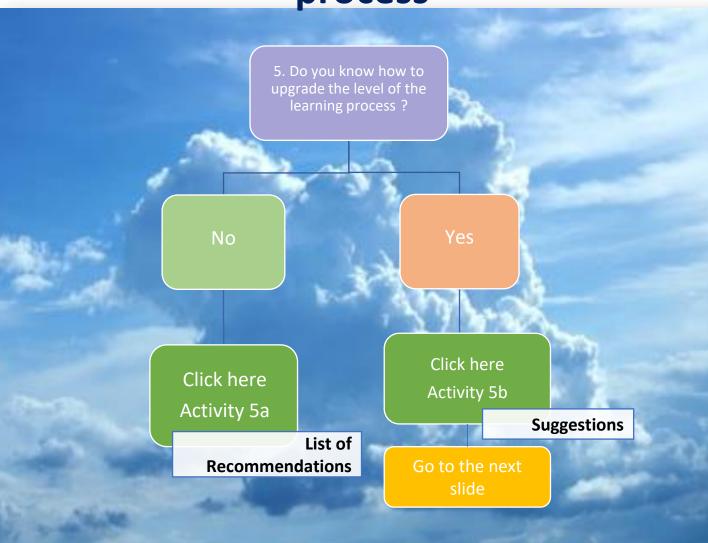


4 – Self-awareness promotion





5 – Upgrading the learning process





The concept "Learning from Experience"

