

Toolkit 1 - Learning Unit 4 Pre-intervention

Activity 3B

Social resourcefulness (coping with the use of social resources)



Training

Please define the level of your resourcefulness. Look back in your life, remind different situations and try to determine the level of your resourcefulness in dealing with the intervention situation (or difficult situation if you have no experience with crisis intervention):

- 1 definitely unsatisfactory
- 2 rather unsatisfactory
- 3 a bit satisfactory and a bit unsatisfactory
- 4 rather satisfactory
- 5 definitely satisfactory

If you chose 1 , 2 or 3 please go to activity 3A