

Toolkit 1 - Learning Unit 3

Pre-intervention

Activity 1

Risk awareness and responsibility: Taking ownership of protective measures to address soft skills



Exercise

Attitudes toward risk

1. Do you know your attitudes toward risk (e.g., towards health, life, work, etc.)?



NO

Activity 1

1. Put the statements in order (1-6):

It's good to...

- ... always choose conservative and conventional decisions.
- ... be afraid to give up something important for short-term satisfaction.
- ... not like something that is unknown, something new.
- ... sometimes act according to intuition and sometimes not.
- ... fully trust one's own instincts.
- ... act impulsively.



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2. Make a list from the statements based on your evaluation. Order them from the best (most important) to the worst (least important) in the context of attitude towards risk. For each statement, briefly write why it is or is not good to have this attitude towards risk.



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