



Toolkit 1
Lerning Unit 9

Awareness about others: stay alert to information and develop
Post-Intervention

Developed by



LERNING UNIT 9

Awareness about others: stay alert to information and develop



1. Stages of the process of perceiving others

Question: Was the process of perception of others effective during the intervention?

Activity: Analyzing the stages of perceiving others.



2. Factors influencing the perception of others

Question: Do you know what factors influence the perception of others?

Activity: Recognize your inclinations and limitations.



3. Focusing your own body.

Question: Can you recognize and interpret body cues related to the perception of others?

Activity: Relax and mindfulness training.



4. Perception errors.

Question: Can you recognize mistakes in the perception of others?

Activity: Analysis of own material.

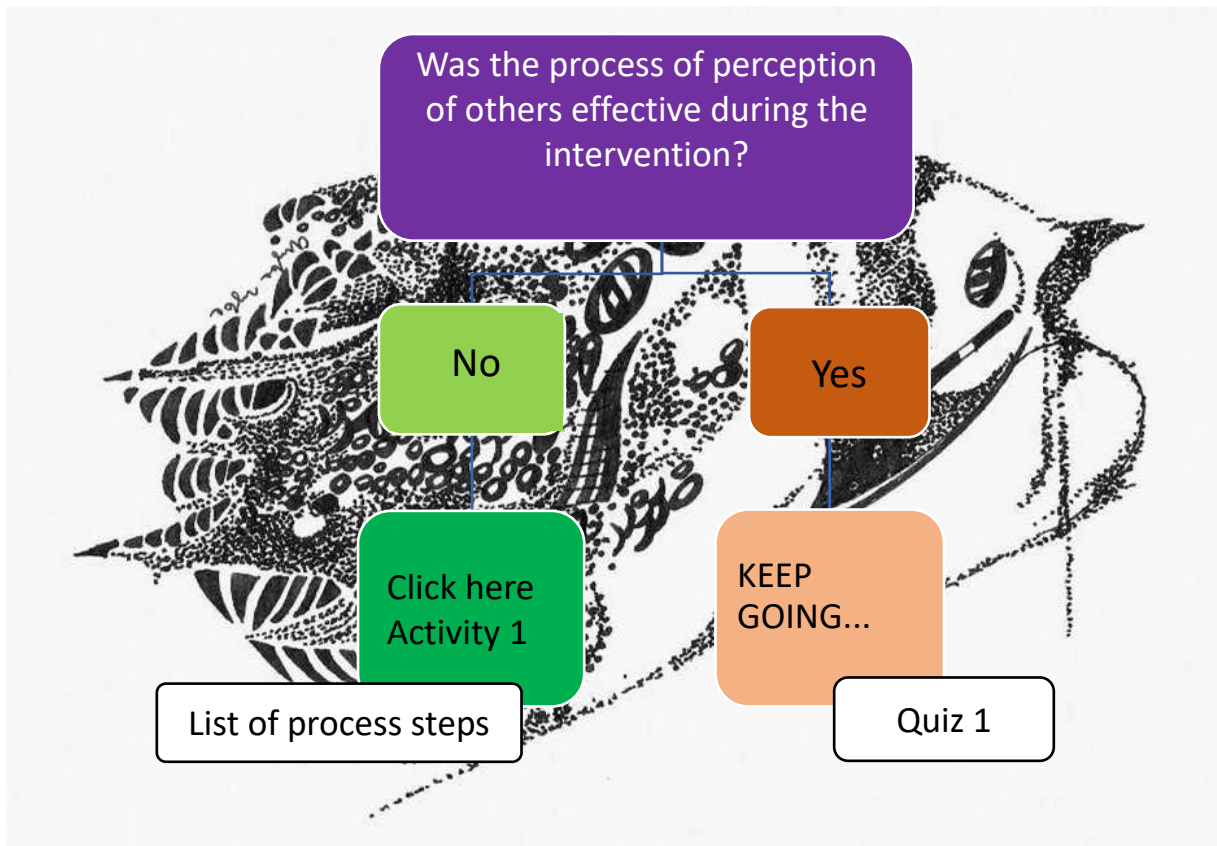


5. Listening, following, narration.

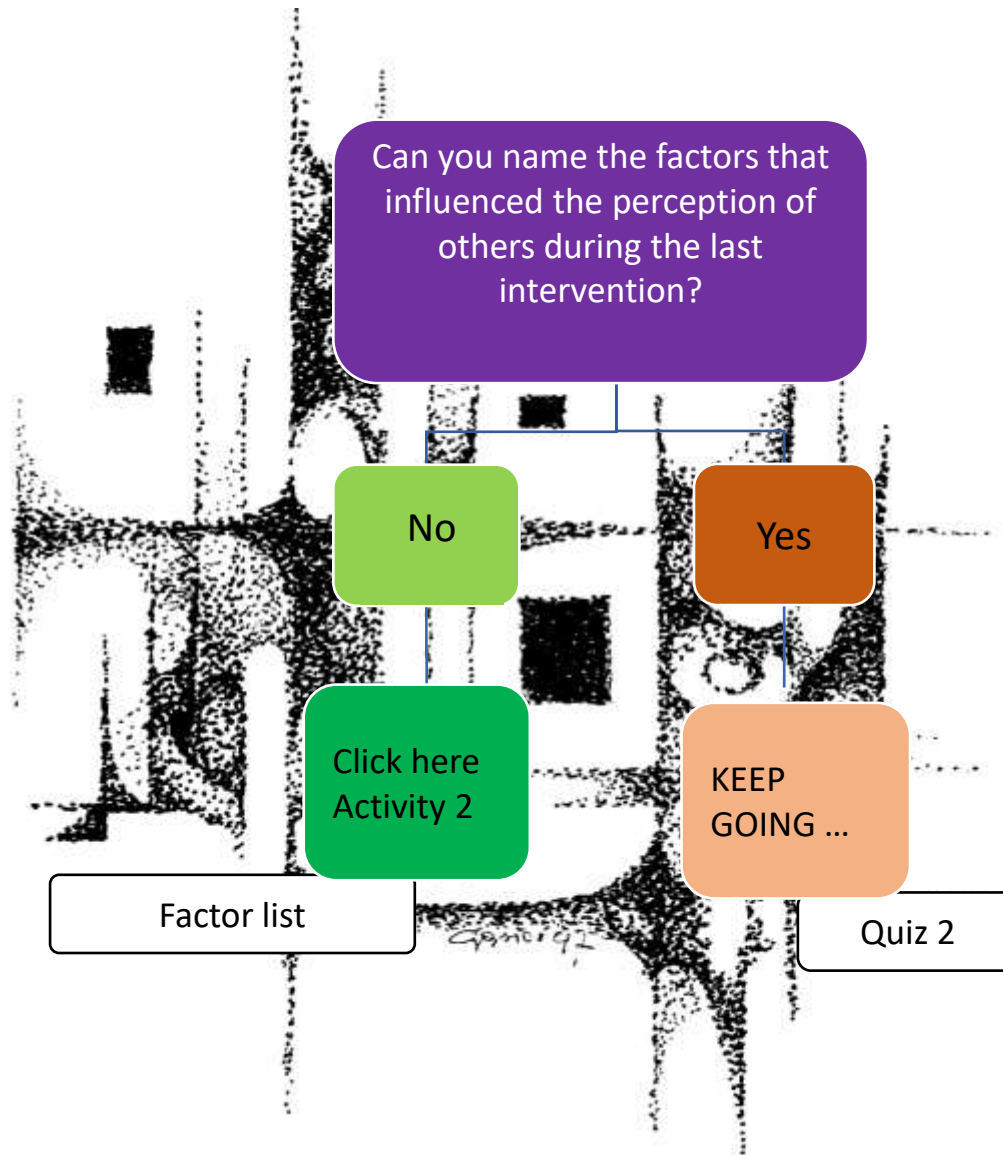
Question: Can you listen to others, follow them and build a common narrative?

Activity: Creating a shared narrative with the client.

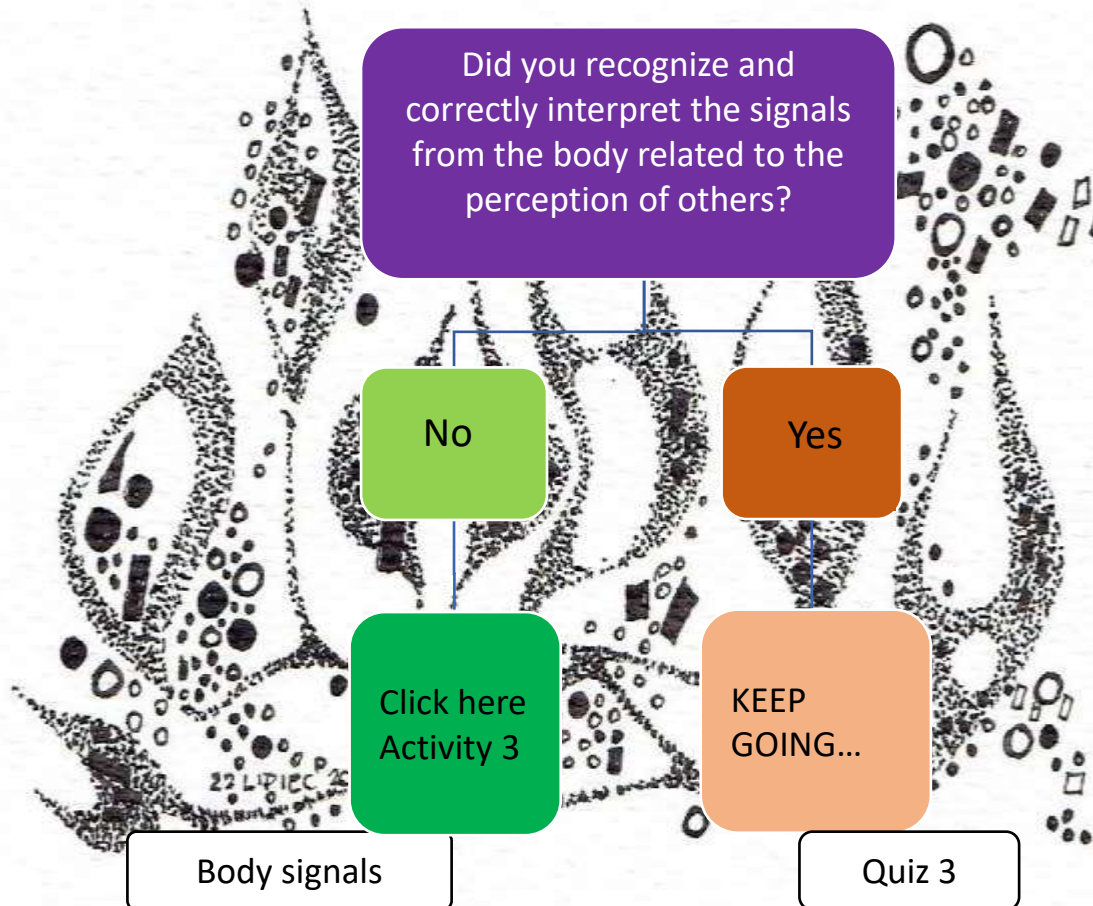
1– Stages of the process of perceiving others



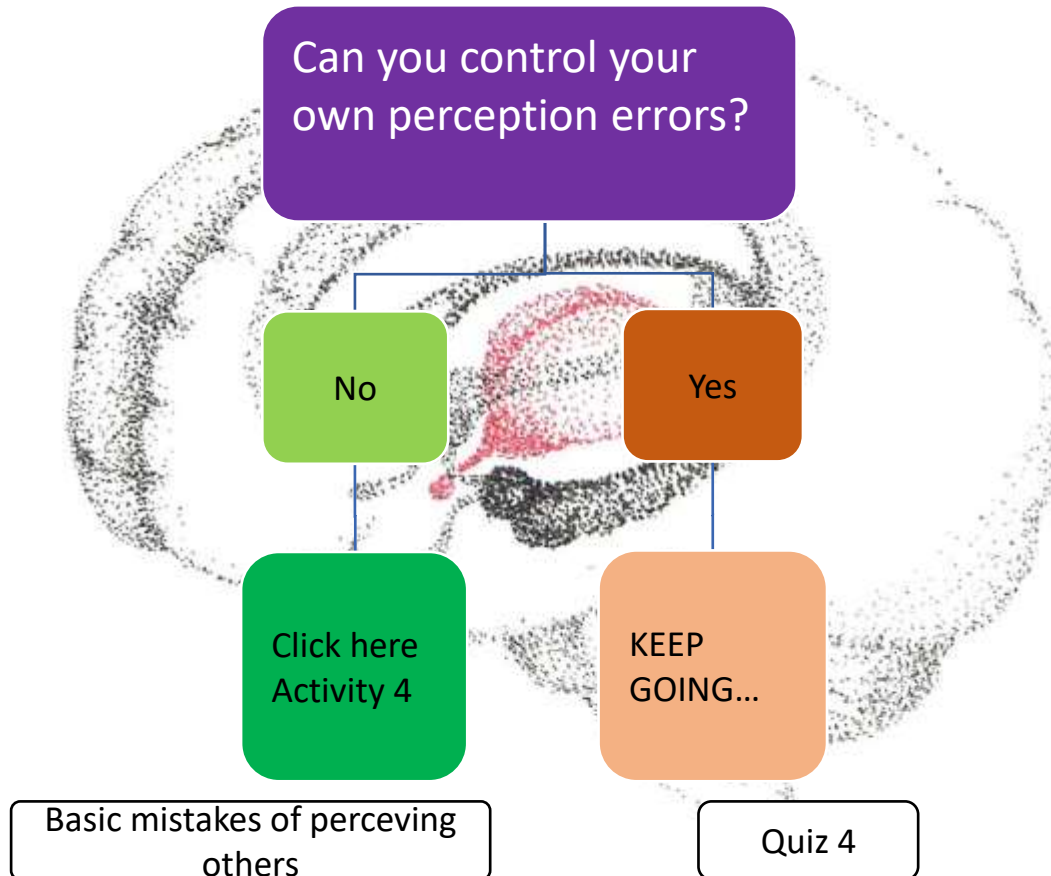
2 – Factors affecting the perception of others



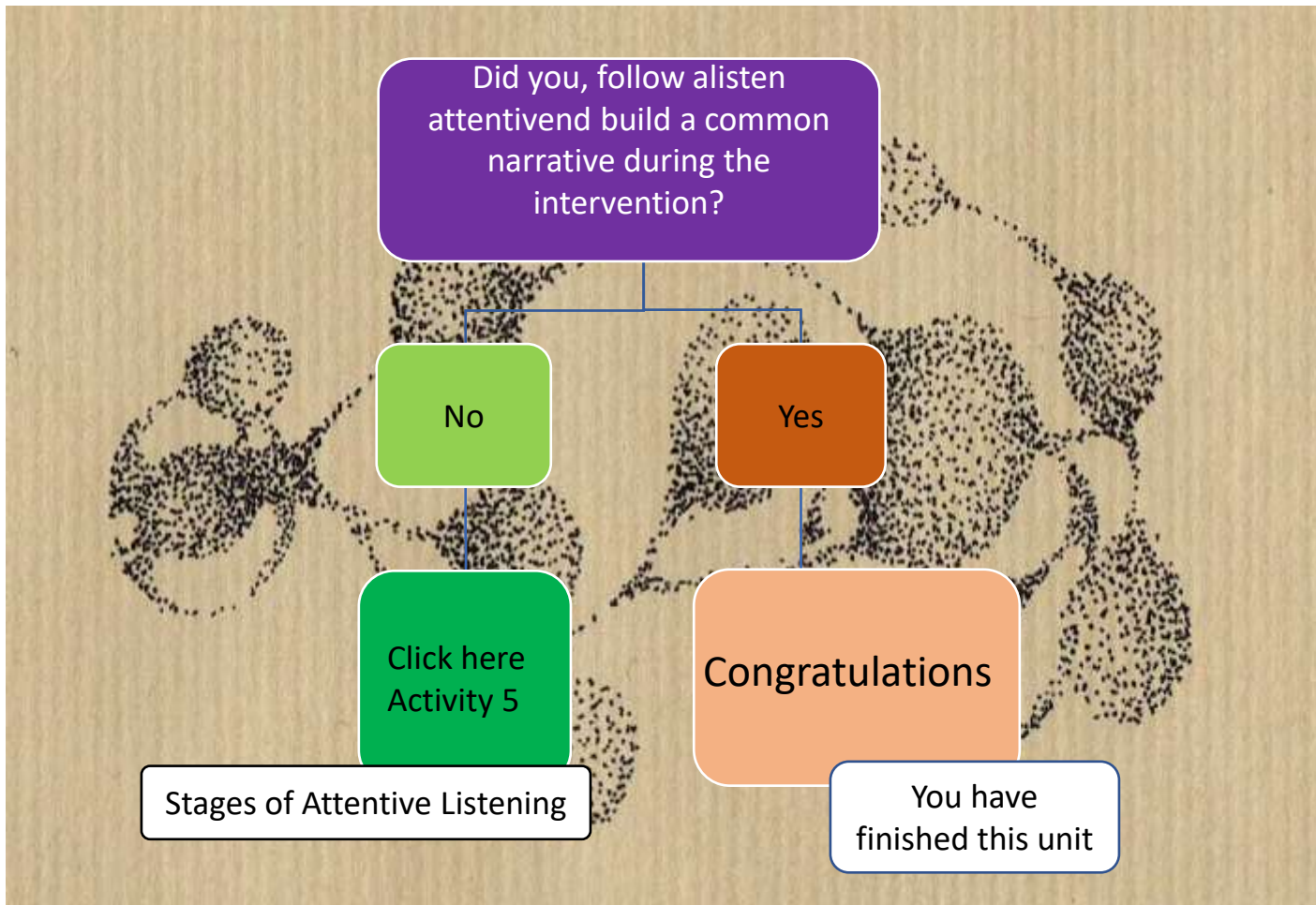
3– Focusing your own body



4– Errors of perception



5– Listening, following, narrating





Thanks

Keep going to
another Unit

If you need