

Project Number: 2020-1-PL-KA202-082075- Strategic Partnerships for vocational education and training

## Toolkit 1 - Learning Unit 7 Post-intervention

### Activity 1 Learning to learn: capitalize on your learning, understanding and profiting from experience



### Cognition: the ability to recognize an urgent crisis situation

# 1. In a crisis situation, can you recognize situations that are important but can be put off from those that are urgent?



### Activity 1

Imagine a crisis situation (or a picture of a crisis situation can be given) in which you are intervening or have already intervened. Write on a piece of paper a list of 10 situations that have occurred in it (what you can see in the picture if a picture has already been given) and rank them from most urgent to least urgent. You should write a short justification for your ranking of each one.

