



## **Toolkit 1 - Learning Unit 4** **Post-intervention**

### **Activity 3B** **Social resourcefulness (coping with the use of social resources)**



Training

Please define the level of your resourcefulness looking back to the crisis intervention. **How do you describe the level of your resourcefulness in dealing with this particular intervention situation?**

- 1 definitely unsatisfactory
- 2 rather unsatisfactory
- 3 a bit satisfactory and a bit unsatisfactory
- 4 rather satisfactory
- 5 definitely satisfactory

*If you chose 1 , 2 or 3 please go to activity 3A*

