



Toolkit 2 Learning Unit 9

Peer support:
having a supportive context is crucial to enhance resilience

Post intervention

Developed by



Associazione per EMDR in Italia



Co-funded by the
Erasmus+ Programme
of the European Union

The European Commission support for the production of this publication does not constitute an endorsement of the contents which reflects the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

L.U. 9 – Synopsis

Peer support: having a supportive context is crucial to enhance resilience



1. Working in a team in an emergency setting

- Question: Did you know how to support your team after an emergency?
- Activity 1: Recommendations: To be an emergency team



2. Debriefing thoughts and emotions after early psychological intervention

- Question: Do you debrief your team?
- Activity 2: Train your members: provide debriefing after a early psychological intervention



3. Debriefing protocols and procedures after early psychological intervention

- Question: Do you debrief your team?
- Activity 3: Train your members: provide debriefing after a early psychological intervention



4. Ethical dilemmas

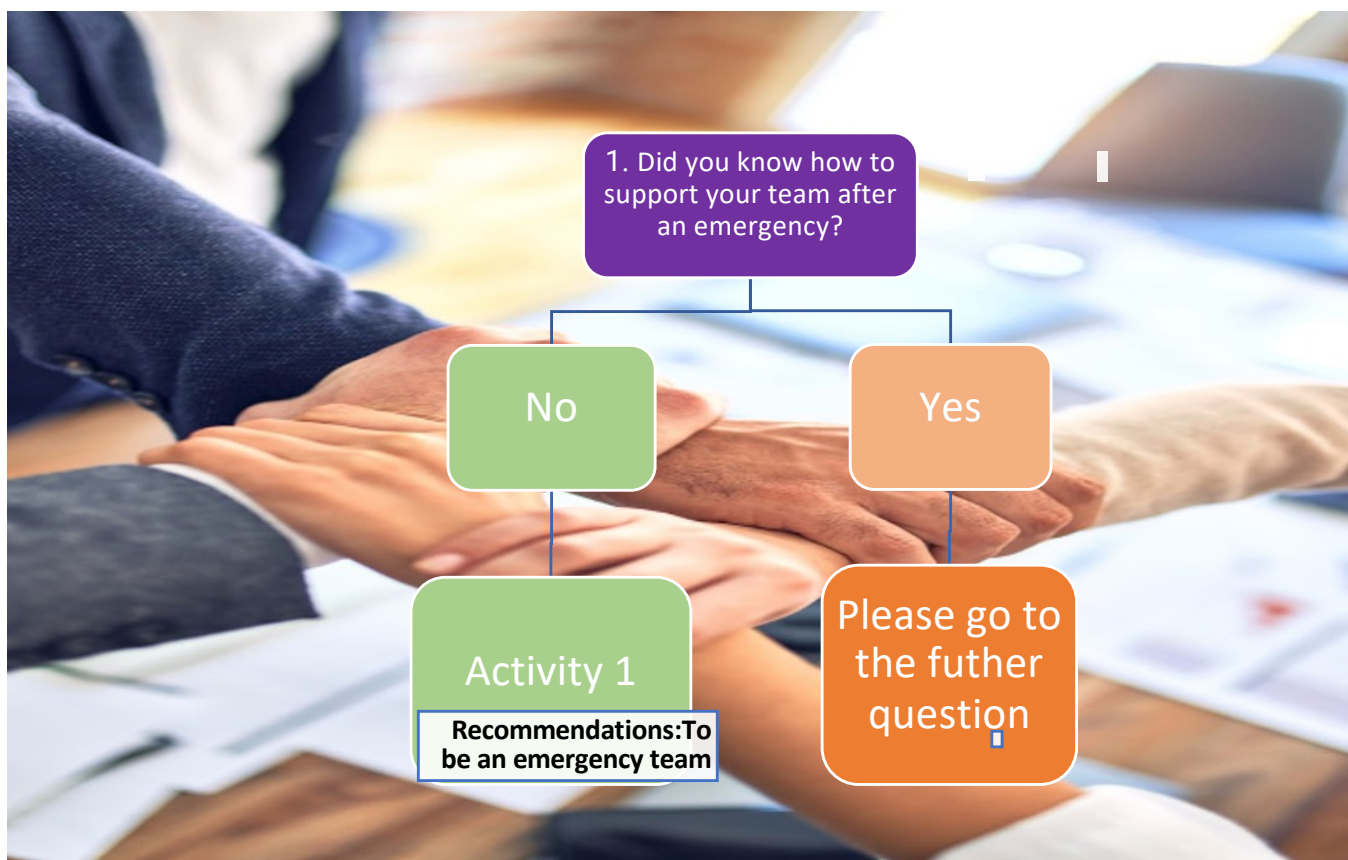
- Question: How do you support your team to manage Ethic dilemmas?
- Activity 4: Exercise: Verify the dilemmas



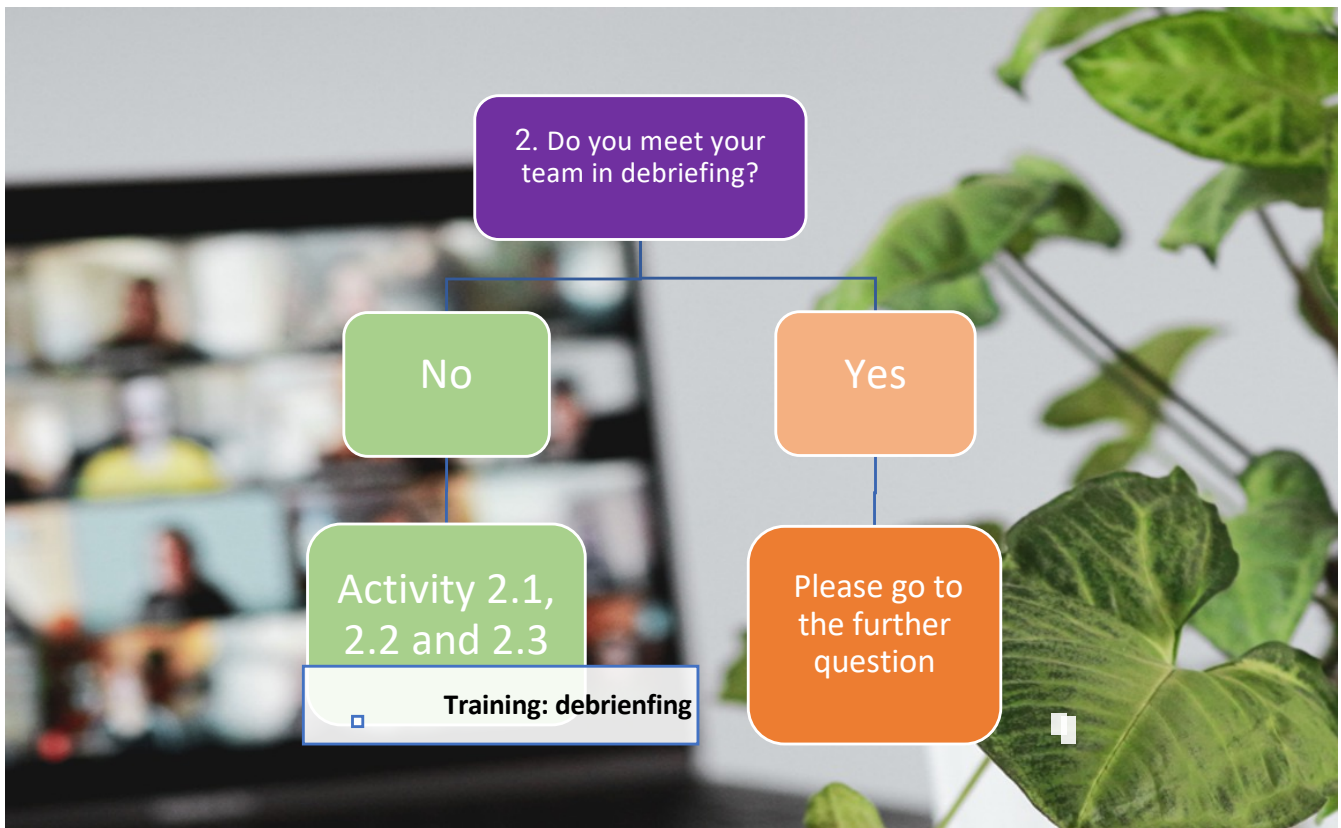
5. Reinforce your member resources

- Question: How do you reinforce your member resilience?
- Activity 5: Training: four elements

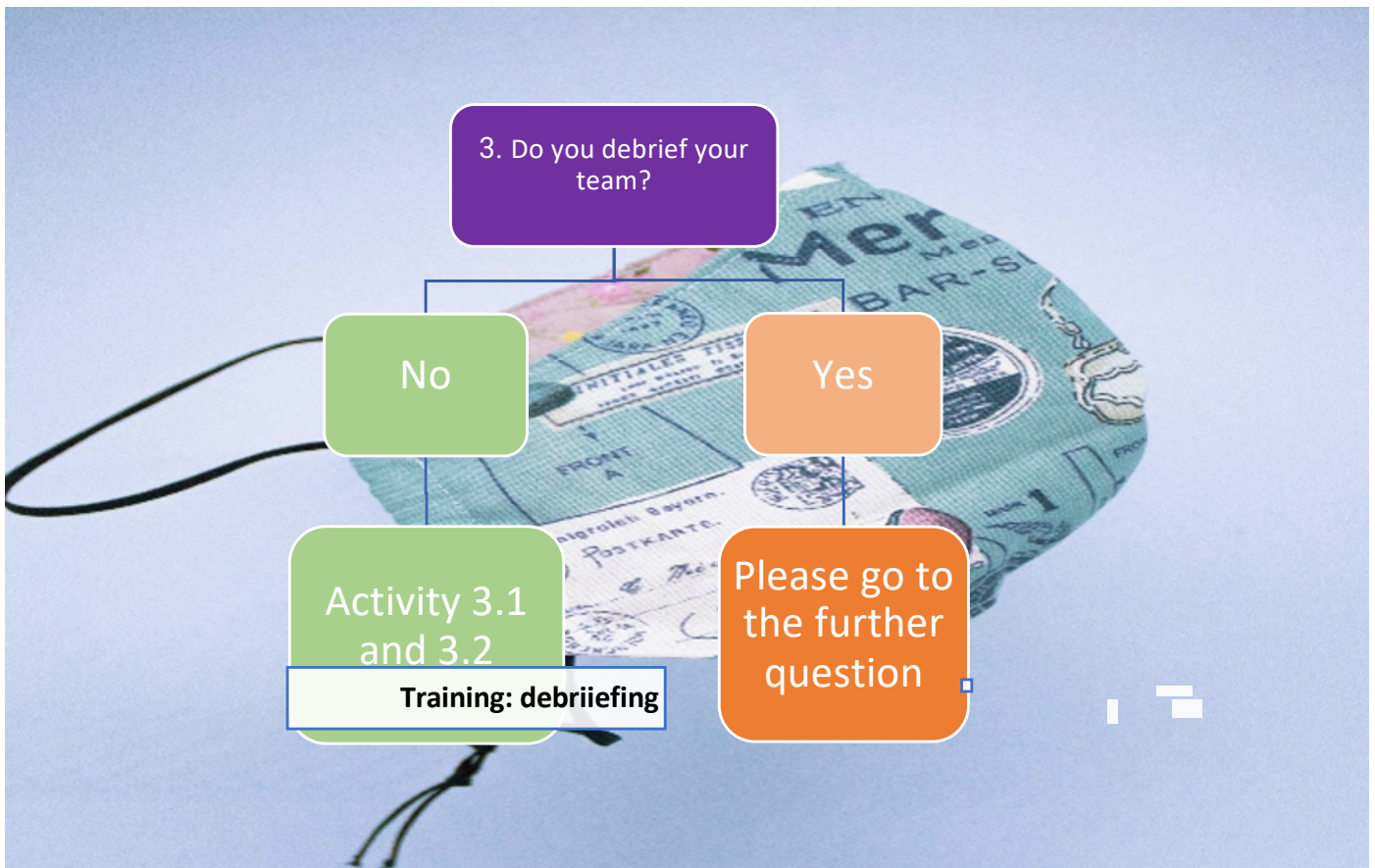
1 - Working in a team in an emergency setting



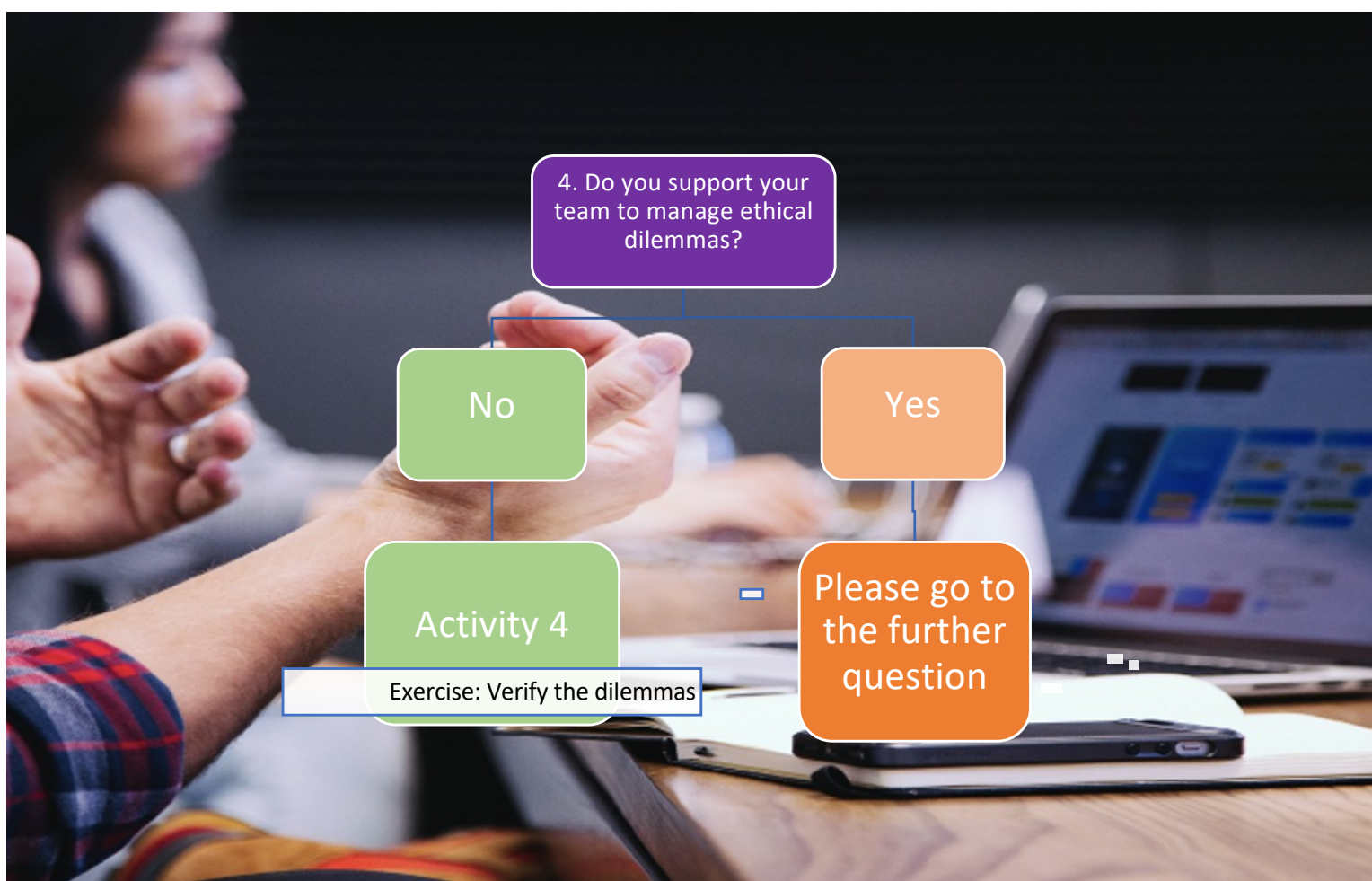
2 - Debriefing thoughts and emotions after early psychological intervention



3 - Debriefing protocols and procedures after early psychological intervention



4 - Ethical dilemmas



5 - Reinforce your member resources



Check the overall content of L.U. 9

Peer support:
having a supportive context is crucial to
enhance resilience



