



MOOC 2 – Learning Unit 3

Chapter 5 – Methods

GOOD PRACTICES 3.2.1.

Peer supervision

Peer supervision differs from more traditional forms of supervision in that it does not require the presence of a more qualified, identified expert in the process - the supervisor, and the supervision process emphasizes critical and supportive feedback while deemphasizes evaluation.

Its use can be a viable alternative or supplement to traditional supervision and can offer a variety of benefits traditional supervision doesn't usually provide. For example, decreased dependency on 'expert' supervisors, freedom, equality, and no evaluation.

This article provides a short overview of peer supervision literature including peer supervision models, what research says about the use of peer supervision in the therapeutic field in terms of benefits and critiques, and the need for further research in peer supervision.

Citation: Basa, V. (2019). 'Peer Supervision in the Therapeutic Field', European Journal of Counselling Theory, Research and Practice, 3, 4, 1-10.

Source: <https://ejctrap.nationalwellbeingsservice.com/volumes/volume-3-2019/volume-3-article-4/>

