



## The Supervision Evaluation and Supervisory Competence Scale

**Is the supervision beneficial? Does it perform its functions?**

### Evaluation of supervision - scale

Whether supervision fulfills its functions can be ascertained from supervisees, for example, using **The Supervision Evaluation and Supervisory Competence Scale** which measures supervisee's evaluation of satisfaction and effectiveness of supervision.

Examples of questions:

- „ The supervision plan appropriately reflected important clinical competencies.“
- „ Supervision sessions were structured and supervision activities were goal driven.“

**The Supervision Evaluation and Supervisory Competence Scale is available there:**

Gonsalvez, C. J., Hamid, G., Savage, N. M., & Livni, D. (2017). The Supervision Evaluation and Supervisory Competence Scale: Psychometric Validation. *Australian Psychologist*, 52(2), 94–103.  
doi:10.1111/ap.12269

Evaluation of supervision – exercise

Functions and benefits of supervision meetings can also be evaluated by supervisees using some creative exercises. It can serve also as feedback for a supervisor or as a topic for discussion. Below is an example of such an exercise.

**Exercise:**

- Close your eyes and create a visual image of your best supervisor- think about their style, approach, mannerisms, etc. Think about yourself when you were interacting with this supervisor.
- Now think of the words that come to mind for you that describe that relationship.

<https://dhhr.wv.gov/bhhf/ibhc/Documents/Presentations1115/Clinical%20Supervision.pdf>