



Case study template for supervision

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According to the following structure, please prepare a case report of a client with whom you have had at least 3 meetings:

I. Information about the client

First name:

Age:

Education:

Employment:

Current and previous marital status:

Children:

II. First session

How did the client get to you (own initiative / recommended by somebody?):

First session (first impression of how the client cooperates or not cooperates, agreement on the goals of counseling, important conclusions for further counseling):

III. The current problem and the events that preceded its outbreak:

IV. Relevant information about family:

V. Development of problem:

VI. Symptoms related to health and other symptoms:

VII. Counseling analysis:



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Case description:

Case conceptualization:

Counseling goals:

Interventions used and progress to date:

VIII. Self-evaluation:

What I was good at:

What didn't go well:

What I learned:

Objectives for supervision (what kind of help and feedback are you looking for, what professional and personal questions this case rises in you):