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MOOC 1 – Unit 5:

Specific Targets in Early Psychological Intervention

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Conclusion

- SUMMARY
 - Disasters are occurring at an increasing rate worldwide. All types of disasters include social disruption.
 - Community's resilience or disaster's resilience involves the capacity to limit the impact of a disaster, anticipate the risk, adapt to the new situation, and recover.
 - The majority of care in the community occurs informally. The implementation of a whole-of-society approach is advisable.
 - During ongoing high stress situations/crisis, psychological intervention should focus on supporting copying and foster individual and community resilience.
 - Psychological intervention should be adjusted for target populations in each different setting.

References

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