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MOOC 1 – Unit 1

History and approaches

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Learning Unit Outcomes

The concept of crisis is very old, and so is helping people with various problems. However, it is only in the last hundred years that a professional approach to crisis intervention has developed. This course begins with the presentation of the history of professional crisis intervention and the development of thinking about effective intervention.

After this unit a person should acquire:

Knowledge: of history and approaches to psychological crisis intervention.

Competence: thinking and reflection

Skill: open-mindedness while thinking about crisis intervention

After each of first three chapters there are references to literature used in the unit and helpful to understand the content.

A Little History of the Crisis



Psychological
Early
Intervention

Introduction

Crisis and crisis relief are practically as old as humanity. Helping the unhappy and suffering was often seen as a duty to members of one's own community and nation. With Christianity, the scope of the notion of "neighbour" grew, and the ethical requirement to help those in need extended gradually to almost everyone.

In the Twentieth Century, activities aimed at overcoming suffering and helplessness, which are the result of rapid change, accidents or war, acquired a professional character. Nowadays new crisis areas are identified, and professionals turn to people whose problems have not been noticed so far, who have been excluded and persecuted.



Learn more: https://youtu.be/hAQ6cs_vih4