

Conclusion

In this unit the six-stage model of Group-PFA, and some basic principles of Group Analytic psychotherapy, for intervention when facing disasters, were described.

Group-PFA deals with the promotion of mental health, psychoeducation on psychological responses to traumatic events, interpersonal learning through other group members, containing the emotional burden and easing negative feelings of the traumatic experience, and also the enhancement of Ego strength.

First aid health care professionals deal with a complex process, as in one hand their work includes victims' symptom management, and containment in and by the group, rebuilding trust, and, on the other hand, they cope with their cumulative effects of job related stress.

Supporting staff/first aid health care professionals also constitutes reducing staff members' perception of stigma, psycho-social and psycho-educational training about trauma and its effects.