



MOOC 2 – UNIT 1

Profile of Emergency Psychologist Introduction

Association of Clinical Psychologists (CZ)

Developed by Association of Clinical Psychologists (CZ)



**Co-funded by the
Erasmus+ Programme
of the European Union**

The European Commission support for the production of this publication does not constitute an endorsement of the contents which reflects the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Main Topics

1

Prioritization, Assessment & Psychodiagnostics

Psychosocial needs and consequences
Curve of adjustment

2

Individual Psychological Aid, Psychosocial Interventions

Look, Listen, Link
RAPID model

3

Psychotherapeutic approaches dealing with trauma

Different approaches to deal with trauma

Prioritization, Assessment, Psychodiagnostics

- Understanding influence of distress on mental health
- Psychosocial needs and consequences
- Description of risk population
- Support for the use of supervision
- Curve of adjustment



Individual PFA Psychosocial Interventions

- Processes of intervention
- Models of intervention
- Psycho-social intervention
- Recommendation on how to build or increase hard and soft-skills of the trainees
- List of desired competencies of an emergency psychologist



Psychotherapeutic Approaches Dealing with Trauma

- Burnout syndrome
- Body psychotherapy
- Trauma focused CBT
- Eye movement desensitization and reprocessing Session (EMDR)
- Assess the trauma
- Map the impact
- Plan a strategy

