

Chapter 6: REFERENCES

Farchi, M., Hirsch-Gornemann, M. B., Whiteson, A., & Gidron, Y. (2018). The SIX Cs model for Immediate Cognitive Psychological First Aid: From Helplessness to Active Efficient Coping. *International Journal of Emergency Mental Health and Human Resilience*, 20(2). <https://doi.org/10.4172/1522-4821.1000395>

McEwen, B. S. (2007). Physiology and Neurobiology of Stress and Adaptation: Central Role of the Brain. *Physiological Reviews*, 87(3), 873–904. <https://doi.org/10.1152/physrev.00041.2006>

SAMHSA - Substance Abuse and Mental Health Services Administration. (2014). Trauma- Informed Care in Behavioral Health Services. Treatment Improvement Protocol (TIP) Series 57. HHS Publication No. (SMA) 13-4801.

For more information especially about the neuropsychology of acute and follow-up stress phase with all used references, you can look at the extended text version of this lecture: [Click here!](#)

There you can find suggested reading list for this topic: [Click here!](#)