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# MOOC 1 – Unit 2

## *Different phases in Early Psychological Interventions:* a dimensional crossings paradigm

### CHAPTER 4

### Conclusion

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## CONCLUSION

This course unit offered a methodological immersion in the main characteristics of emergency situations.

Let's highlight the main markers to integrate the method and its main concepts:

- 1) The new OMS concept of Brain health conditions which emerge throughout the life course (as you can find in the Introduction) underlines that these conditions are characterized by disruptions in normal brain growth and/or brain functioning.
- 2) So the health and social management of these conditions requires multi-sectoral and interdisciplinary collaborations with a holistic person-centred approach, focusing on promotion, prevention, treatment, care and rehabilitation-throughout the life span.
- 3) Its underlying biopsychosocial paradigm, developed more than a century ago, remains highly topical and requires interdisciplinarity.



## CONCLUSION

- 4) The hexagon structure with 6 victims rather than 4 allows to better accompany the protagonists of a crisis situation, in accordance with the biopsychosocial paradigm.
- 5) The dynamic and mutual alliance between assessment and management in the crisis situation is a necessity;
- 6) Fluidity and adaptability of the psychological setting in different and always new crisis contexts, even further in consideration of the different and individualized phases of stress and crisis and victim typology;
- 7) Remember that we all can one day find ourselves victim of a crisis situation, sometimes without even realizing it in the moment. So let's take care of ourselves and our fellow psychologists.

Now you are ready for the next unit, after the quizzes. Good job!

