

MOOC 1 – Unit 3

Stress responses: biopsychosocial perspective



Good practices

PTSD treatment guidelines:

<https://www.apa.org/ptsd-guideline>

<https://www.phoenixaustralia.org/australian-guidelines-for-ptsd/>

<https://www.nice.org.uk/guidance/ng116>

[https://www.cadth.ca/sites/default/files/pdf/PTSD Treatment A Summary of Clinical Practice Guidelines.pdf](https://www.cadth.ca/sites/default/files/pdf/PTSD_Treatment_A_Summary_of_Clinical_Practice_Guidelines.pdf)

<https://www.healthquality.va.gov/guidelines/mh/ptsd/>

[https://ncsacw.samhsa.gov/userfiles/files/SAMHSA Trauma.pdf](https://ncsacw.samhsa.gov/userfiles/files/SAMHSA_Trauma.pdf)

<https://istss.org/clinical-resources/treating-trauma/international-practice-guidelines-for-post-trauma>

Guide for Guidelines:

<https://www.ptsd.va.gov/professional/articles/article-pdf/id52066.pdf>

