

TOPIC GUIDE MOOC 1

Semi-structured interview

Victims

- 1) First type victim: victim who is directly involved by the impact of the event
- 2) Second type victim: victim who is indirectly involved by the event, but who is a close relative of the first type victim
- 3) Third type victim: community

Personal Info

- profession: Clinical psychologist
- age: 26
- gender: F
- Victim: 1st Type or 2nd Type or 3rd Type

1) What was the emergency event you were involved in?

- a) Describe the situation in which you were involved

I was affected by Covid-19 for three weeks and had strong symptoms with loss of smell, intense fever and significant fatigue. I got over it pretty quickly. The hardest part was that I passed the virus on to my elderly parents and they both spent a month in the resuscitation unit for respiratory distress. This caused a great worry in my family, a great guilt for me and a distance between my brothers and sisters. Moreover, I was very angry with the friend who infected me because I was careful and at that time. Moreover, I suffered from not being able to go to the oral part of my training for which I had taken a year and a half to prepare my thesis.

- b) Describe the support you received

Friends on the phone.

2) Which were your needs?

- a) Which kind of needs did you have?

I wish I had the support of my brothers and sisters when our parents were hospitalized. I carried all the guilt and they accused me of the possibility of their death. I needed comfort and support from my family, even if my friends were present, I could not see them and I felt very lonely.

- b) How did you cope with the traumatic event?

I focused on my thesis to set a goal and not think too much about my parents.



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c) What kind of intervention did you receive?

I had support from a psychologist at the resuscitation hospital where my parents were.

3) Which were your relatives' needs?

a) Which kind of needs did they have?

To be reassured, to understand what was happening, to find someone responsible for the contamination.

b) What kind of help did they have?

The support of a doctor and a psychologist during the period of hospitalization of my parents.

c) What kind of intervention did they need? Please describe demands matched by phases.

My 9-year-old brother and my 16-year-old sister would have needed more support from our extended family. My big brother would have liked to understand more how to help our parents.

Only for third type victims

4) Which kind of intervention did they receive?

a) Who helped them?

b) Were the rescuers coordinated?

c) Which kind of interventions did they need?

5) Which kind of intervention did your community receive?

a) Who helped it in this case? (e.g. formal/informal organizations; internal/external organization)

b) Were the rescuers coordinated?

c) Which kind of interventions did the community need?



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6) What kind of skills of the psychological rescuers you met did you appreciate the most?

- a) What skills should psychological early intervention staff have?

Listening and welcoming skills, knowing how to reassure the public and people affected, proposing effective methods to reduce tensions and stress.

- b) What skills should psychological early intervention staff improve?

Being disposable because the time spent is very short and meetings are widely separated.

7) How do you define the quality of a psychological early intervention?

- a) How do you assess the quality of a psychological early intervention you received?

I don't know if the assistance received was an emergency response, but the fact that someone was listening and supporting me during that period was already very important and allowed me to forget my struggles a little bit during the time of the interview.

- b) What aspects of the psychological early intervention you received would you suggest improving?

The time provided to support.

8) What are the main therapeutic results you observed about the psychological early intervention you received?

- a) How do you assess the impact of the intervention?

Positive because I felt less alone.

- b) Please give more details

As my siblings were absent and my parents with a vital prognosis engaged, I felt neglected and the fact of meeting someone available made me feel good.

9) Is there any subject you consider to be important in order to help the research which has not been mentioned in the interview?

- a) Do you have any suggestions?

