

N.	Year	Citation	Type of publication (article, book, guideline...)	Key words	PICO Model	Learning Unit	Contribution
1	2020	MORAN, Daniel J., Patricia A. BACH a Sonja V. BATTEN. Committed Action in Practice: A Clinician's Guide to Assessing, Planning, and Supporting Change in Your Client. 2018. ISBN 9781626254862.	book	ACT therapy	I	M.O.O.C 1 Learning Unit 4	AKP CR
2	2018	HARRIS, Russ. ACT Questions and Answers: A Practitioner's Guide to 150 Common Sticking Points in Acceptance and Commitment Therapy. 2018. ISBN 9781684030361.	book	ACT therapy	I	M.O.O.C 1 Learning Unit 4	AKP CR
3	1999	Hayes, S. C., Strosahl, K. D., & Wilson, K. G. (1999). Acceptance and commitment therapy: An experiential approach to behavior change. New York, NY: Guilford	book	ACT therapy	I	M.O.O.C 1 Learning Unit 4	AKP CR
4	2006	Hayes, S. C., Luoma, J. B., Bond, F., Masuda, A., & Lillis, J. (2006). Acceptance and commitment therapy: Model, processes and Brief ACT and Exposure 617 outcomes.Behaviour Research and Therapy, 44, 1–25.http://dx.doi.org/10.1016/j.brat.2005.06.006	article	ACT therapy	O	M.O.O.C 1 Learning Unit 4	AKP CR
5	2007	Lappalainen, R., Lehtonen, T., Skarp, E., Taubert, E., Ojanen, M., & Hayes, S. C. (2007). The impact of CBT and ACT models using psychology trainee therapists: A preliminary controlled effectiveness trial. Behavior Modification, 31, 488–511. http://dx.doi.org/10.1177/ 0145445506298436.	article	ACT therapy	O	M.O.O.C 1 Learning Unit 4	AKP CR
6	2020	Sanderson, W. C., Arunagiri, V., Funk, A. P., Ginsburg, K. L., Krychiw, J. K., Limowski, A. R., Olesnycky, O. S., & Stout, Z. (2020). The Nature and Treatment of Pandemic-Related Psychological Distress. Journal of Contemporary Psychotherapy, 50(4), 251.	article	COVID-related psychological distress, Pandemic, Psychological intervention	I	M.O.O.C 1 Learning Unit 4	AKP CR
7	2020	Brooks, S., Webster, B., Smith, L., Woodland, L., Wessely, S., Greenberg, N., & Rubin, J. (2020). The psychological impact of quarantine and how to reduce it: rapid review of the evidence. The Lancet, 395(10227), 912-920. https://doi.org/10.1016/S0140-6736(20)30460-8	article	COVID-related; distress;	C	M.O.O.C 1 Learning Unit 4	AKP CR
8	2018	Benedek, L., Hamaoka, D., & West, J. C. (2018). Combat and operational stress reaction. In M. B. Stein, & M. Friedman (Eds), <i>UpToDate</i> . Retrieved December 30, 2020 from https://www.uptodate.com/contents/combat-and-operational-stress-reaction?search=Psychological%20First%20Aid&source=search_result&selectedTitle=1~150&usage_type=default&display_rank=1.	article	BICEPS method	I	M.O.O.C 1 Learning Unit 4	AKP CR
9	2020	Van Overmeire, R. (2020). The myth of psychological debriefings during the corona pandemic. <i>Journal of Global Health</i> , 10(2).	article	Debriefing	I	M.O.O.C 1 Learning Unit 4	AKP CR
10	2019	Roberts, N. P., Kitchiner, N. J., Kenardy, J., Lewis, C. E., & Bisson, J. I. (2019). Early psychological intervention following recent trauma: A systematic review and meta-analysis. <i>European Journal of Psychotraumatology</i> , 10(1), 1695486.	article	CBT and EMDR	C	M.O.O.C 1 Learning Unit 4	AKP CR
11	2020	Ransing, R., Adiukwu, F., Pereira-Sanchez, V., Ramalho, R., Orsolini, L., Teixeira, A. L. S., & El Hayek, S. (2020). Mental Health Interventions during the COVID-19 Pandemic: A Conceptual Framework by Early Career Psychiatrists. <i>Asian Journal of psychiatry</i> , 51, 102085-102085.	article	PFA during Covid, semi-structured interview with Psychiatrists from 19 countries	I	M.O.O.C 1 Learning Unit 4	AKP CR
12	2020	Ho, C. S., Chee, C. Y., & Ho, R. C. (2020). Mental health strategies to combat the psychological impact of COVID-19 beyond paranoia and panic. <i>Ann Acad Med Singapore</i> , 49(1), 1-3.	article	Mindfulness, CBT, online platforms,	P	M.O.O.C 1 Learning Unit 4	AKP CR
13	2019	Roberts, N. P., Kitchiner, N. J., Kenardy, J., Robertson, L., Lewis, C., & Bisson, J. I. (2019). Multiple session early psychological interventions for the prevention of post-traumatic stress disorder. <i>Cochrane Database of Systematic Reviews</i> , (8).	article	multiple session, PTSD prevention, no debriefing, not for everyone after stress event	O	M.O.O.C 1 Learning Unit 4	AKP CR
14	2009	Wesson, M., & Gould, M. (2009). Intervening Early With EMDR on Military Operations A Case Study. <i>Journal of EMDR Practice and research</i> , 3(2), 91-97.	case study, article	EMDR - outcomes	O	M.O.O.C 1 Learning Unit 4	AKP CR
15	2007	Ritchie, E. C. (2007). Update on combat psychiatry: From the battle front to the home front and back again. <i>Military Medicine</i> , 172(suppl_2), 11-14.	article	forward psychiatry, long term outcomes, different approaches, CISM, CISM, PIES	C	M.O.O.C 1 Learning Unit 4	AKP CR
16	2020	Shah, K., Bedi, S., Onyeaka, H., Singh, R., & Chaudhari, G. (2020). The role of psychological first aid to support public mental health in the covid-19 pandemic. <i>Cureus</i> , 12(6).	article	Psychological first aid, Covid-19, stress management, medical staff training	I	M.O.O.C 1 Learning Unit 4	AKP CR
17	2020	Cheng, W., Zhang, F., Hua, Y., Yang, Z., & Liu, J. (2020). Development of a psychological first-aid model in inpatients with COVID-19 in Wuhan, China. <i>General psychiatry</i> , 33(3).article	article	Covid-19, psychological interventions, online intervention	I	M.O.O.C 1 Learning Unit 4	AKP CR

N.	Year	Citation	Type of publication (article, book, guideline...)	Key words	PICO Model	Learning Unit	Contribution
18	2018	Giummarra, M. J., Lennox, A., Dali, G., Costa, B., & Gabbe, B. J. (2018). Early psychological interventions for posttraumatic stress, depression and anxiety after traumatic injury: A systematic review and meta-analysis. <i>Clinical psychology review</i> , 62, 11-36.	systematic review	Early psychological interventions	O	M.O.O.C 1 Learning Unit 4	AKP CR
19	2020	Inchausti, F., MacBeth, A., Hasson-Ohayon, I., & Dimaggio, G. (2020). Psychological intervention and COVID-19: what we know so far and what we can do. <i>Journal of Contemporary Psychotherapy</i> , 1-8.	article	COVID-19; Coronavirus; psychotherapy; digital therapy; psychological interventions; healthcare workers	P	M.O.O.C 1 Learning Unit 4	AKP CR
20	2020	Shen, X., Zou, X., Zhong, X., Yan, J., & Li, L. (2020). Psychological stress of ICU nurses in the time of COVID-19.	article	COVID-19, early intervention for nurses at ICU	I	M.O.O.C 1 Learning Unit 4	AKP CR
21	2020	Clark, H., Fay, N., & Leen, B. Evidence summary: How effective are early psychological interventions in preventing posttraumatic stress disorder in health workers exposed to traumatic scenarios in the context of the current COVID-19 pandemic?[v2. 1].	overview	overview of articles about early intervention and COVID-19	P	M.O.O.C 1 Learning Unit 4	AKP CR
22	2020	Tanhan A, Yavuz KF, Young JS, Nalbant A, Arslan G, Yıldırım M, Ulusoy S, Genç E, Uğur E, Çiçek İ. A Proposed Framework Based on Literature Review of Online Contextual Mental Health Services to Enhance Wellbeing and Address Psychopathology During COVID-19. Electron J Gen Med. 2020;17(6):em254. https://doi.org/10.29333/ejgm/8316	article	COVID-19 online mental health, acceptance and commitment therapy, psychopathology, positive psychology	I	M.O.O.C 1 Learning Unit 4	AKP CR
23	2016	Brown M, Glendenning AC, Hoon AE, John A Effectiveness of Web-Delivered Acceptance and Commitment Therapy in Relation to Mental Health and Well-Being: A Systematic Review and Meta-Analysis, <i>J Med Internet Res</i> 2016;18(8):e221, DOI: 10.2196/jmir.6200	Systematic Review	ACT; depression; anxiety; quality of life; Internet-based; mobile-based	I	M.O.O.C 1 Learning Unit 4	AKP CR
24	2020	Dawson, D. L., & Goljani-Moghaddam, N. (2020). COVID-19: Psychological flexibility, coping, mental health, and wellbeing in the UK during the pandemic. Journal of contextual behavioral science, 17, 126–134. https://doi.org/10.1016/j.jcbs.2020.07.010	article	COVID-19, Coronavirus, Psychological flexibility, Coping, Mental health, Wellbeing	I	M.O.O.C 1 Learning Unit 4	AKP CR
25	2015	Walser, R. D., Garvert, D. W., Karlin, B. E., Trockel, M., Ryu, D. M., & Taylor, C. B. (2015). Effectiveness of Acceptance and Commitment Therapy in treating depression and suicidal ideation in Veterans. <i>Behaviour Research and Therapy</i> , 74, 25–31.	article	Acceptance and Commitment Therapy, Suicide ideation, Depression, Veterans	O	M.O.O.C 1 Learning Unit 4	AKP CR
26	2018	Ducasse, Deborah, Jaussent, I., Arpon-Brand, V., Vienot, M., Laglaoui, C., Béziat, S., Calati, R., Carrière, I., Guillaume, S., & Courtet, P. (2018). Acceptance and commitment therapy for the management of suicidal patients: a randomized controlled trial. <i>Psychotherapy and Psychosomatics</i> , 87(4), 211–222.	article	Acceptance and Commitment Therapy, Suicide prevention, Psychotherapy	O	M.O.O.C 1 Learning Unit 4	AKP CR
27	2020	Tol, Wietse A., Leku, M. R., Lakin, D. P., Carswell, K., Augustinavicius, J., Adaku, A., Au, T. M., Brown, F. L., Bryant, R. A., Garcia-Moreno, C., Musci, R. J., Ventevogel, P., White, R. G., & van Ommeren, M. (2020). Guided self-help to reduce psychological distress in South Sudanese female refugees in Uganda: a cluster randomised trial. <i>The Lancet Global Health</i> , 8(2), e254–e263. https://doi.org/10.1016/S2214-109X(19)30504-2	article	ACT, Self-Help Plus, Intervention, Psychological distress, Refugees	I	M.O.O.C 1 Learning Unit 4	AKP CR
28	2020	Presti, G., Mchugh, L., Gloster, A., Karekla, M., & Hayes, S. C. (2020). THE DYNAMICS OF FEAR AT THE TIME OF COVID-19: A CONTEXTUAL BEHAVIORAL SCIENCE PERSPECTIVE. <i>Clinical Neuropsychiatry</i> , 17(2).	article	fear, relational frame theory, acceptance and commitment therapy, COVID-19, contextual behavioural science	P	M.O.O.C 1 Learning Unit 4	AKP CR

N.	Year	Citation	Type of publication (article, book, guideline...)	Key words	PICO Model	Learning Unit	Contribution
29	2017	Gloster, A. T., Meyer, A. H., & Lieb, R. (2017). Psychological flexibility as a malleable public health target: Evidence from a representative sample. <i>Journal of Contextual Behavioral Science</i> , 6(2), 166–171.	article	ACT, Psychological flexibility, Stress, Mental health, Well-being	I	M.O.O.C 1 Learning Unit 4	AKP CR
30	2020	Gloster, A. T., Walder, N., Levin, M., Twohig, M., & Karekla, M. (2020). The empirical status of acceptance and commitment therapy: A review of meta-analyses. <i>Journal of Contextual Behavioral Science</i> .	article	Acceptance and commitment therapy, Review Meta-analysis, Evidence	C	M.O.O.C 2 Learning Unit 4	AKP CR
31	2017	Everly, G. S., & Lating, J. M. (2017). <i>The Johns Hopkins guide to psychological first aid</i> .	book			M.O.O.C 1 Learning Unit 4	AKP CR
32	2016	Jacobs, G. A. (2016). <i>Community-Based Psychological First Aid</i> . Saint Louis, UNITED STATES: Elsevier Science	book			M.O.O.C 1 Learning Unit 4	AKP CR