

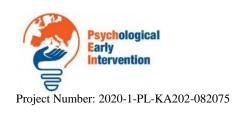
Project Number: 2020-1-PL-KA202-082075

## Psych.E.In. MOOC 2 Aimed at trainers of psychologists, psychotherapists and psychoanalysts

## **Symbols synopsis**

In each Learning Unit you will find some icons that will make it easier for you to understand the nature of the material you are consulting. Read the description of the icons in the table.

lcon	Description
	Knowledge: definition of theoretical assumptions
SKILL HOOKS HOOKS	Skills: attitudes through which to give expression to knowledge
\$ \$\$\$ \$\frac{1}{2}\fra	Skills: ability to decline in emergency contexts
	Tip/materials of deepening
	Good practice
	Bibliography
self assessment	Test di Self-assessment



## Index of in-depth learning unit materials

## **Learning Unit 5 Supervision of Complex Interventions**

In this Learning Unit you will find the following tips (in-depth materials) and good practices.

Tip/Good practice	Title	Chapter
Tip 01	Topics of Supervision	Chapter 1
Tip 02	Supervision Disclosure statement	Chapter 1
Tip 03	Supervisee's goals - Example of exercise in supervision sessions	Chapter 1
Tip 04	Supervisee's goals of supervision - Example of exercise in supervision sessions	Chapter 1
Tip 05	Useful questions (reactions) during supervision (from the supervisor perspective)	Chapter 1
Tip 06	Case studies – autonomy and discrimination - principles of supervision	Chapter 1
Tip 07	Supervisor Competency Self- Assessment	Chapter 1
Tip 08	Preparation for supervision session – Supervisor - 1	Chapter 1



Project Number: 2020-1-PL-KA202-082075

Project Number: 2020-1-PI	Z-IXA202-002013	
Tip 09	Preparation for supervision session – Supervisor - 2	Chapter 1
Tip 10	Preparation for supervision – Supervisee	Chapter 1
Tip 11	Case study (case report) in the supervision, and how to effectively prepare it?	Chapter 1
Tip 12	Case study template for supervision	Chapter 1
Tip 13	Recordings as a method in supervision sessions, how to effectively review them?	Chapter 1
Tip 14	Recordings as a method in supervision sessions, how to supervise the records to avoid supervisee's anxiety?	Chapter 1
Tip 15	Creative methods of supervision	Chapter 1
Tip 16	The Supervision Evaluation and Supervisory Competence Scale	Chapter 2
Tip 17	Pitfalls in Supervision	Chapter 2
Tip 18	Intervision	Chapter 2
Tip 19	Secondary Traumatic Stress Scale	Chapter 3



Project Number: 2020-1-PL-KA202-082075

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Tip 20	TIS – risk factors of secondary traumatic stress or vicarious trauma	Chapter 3
Tip 21	TIS - exercise	Chapter 3
Good Practice 01	The CLEAR model (Hawkins & Shohet, 2012) – useful questions and responses for each stage of supervision (from the supervisor perspective)	Chapter 1
Good Practice 02	ABC Model	Chapter 3
Good Practice 03	TIS – best practices	Chapter 4
Good Practice 04	Tips for motivational interviewing techniques - OARS model (Miller & Rollnick, 2013):	Chapter 4
Good Practice 05	TIS – best practices. Reflective supervision	Chapter 4