
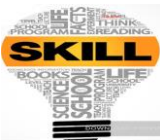







Psych.E.In. MOOC 2
Aimed at trainers of psychologists, psychotherapists and psychoanalysts

Symbols synopsis

In each Learning Unit you will find some icons that will make it easier for you to understand the nature of the material you are consulting. Read the description of the icons in the table.

Icon	Description
	Knowledge: definition of theoretical assumptions
	Skills: attitudes through which to give expression to knowledge
	Skills: ability to decline in emergency contexts
	Tip/materials of deepening
	Good practice
	Bibliography
	Test di Self-assessment

Index of in-depth learning unit materials

Learning Unit 3 Individual training in early intervention psychology, as an emergency psychologist

In this Learning Unit you will find the following tips (in-depth materials) and good practices.

Tip/Good practice	Title	Chapter
Tip 1	Strengthening the motivation to deal with stress	Chapter 1
Tip 2	Distinguishing between pitfalls	Chapter 2
Tip 3	Dilemmas - vignette about a real case (Paul)	Chapter 1
Tip 4	Vignette about a real case (Eve).	Chapter 2
Good Practice 5	Stress, burnout and Balint groups	Chapter 3
Good Practice 6	Support for psychotherapists and psychologists	Chapter 3
Good Practice 7	Relaxation	Chapter 3

Good Practice 8

Building resilience

Chapter 3

