







**Psych.E.In. MOOC 1**  
**Aimed at psychologists, psychotherapists and psychoanalysts**

**Symbols synopsis**

In each Learning Unit you will find some icons that will make it easier for you to understand the nature of the material you are consulting. Read the description of the icons in the table.

Icon	Description
	Knowledge: definition of theoretical assumptions
	Skills: attitudes through which to give expression to knowledge
	Skills: ability to decline in emergency contexts
	Tip/materials of deepening
	Good practice
	Bibliography

## Index of in-depth learning unit materials

### Learning Unit 6 Specialist clinical intervention

In this Learning Unit you will find the following tips (in-depth materials) and good practices.

Tip/Good practice	Title	Chapter
Tip 1	Group Psychological First Aid (Group-PFA) Tips (i)	Chapter 1 Part A
Tip 2	Supporting the Staff Tips (ii)	Chapter 3 Part A
Tip 0.1	EMDR 8 phases description	Introduction Part B
Good Practice 1.1	How to Communicate Bad News Over the Telephone	Chapter 1 Part B
Good Practice 1.2	Suggestions for Managing Fear in Children and Adults	Chapter 1 Part B
Good Practice 1.3	Self-Protection for Adults	Chapter 1 Part B
Good Practice 1.4	Recommendations for children	Chapter 1 Part B
Good Practice 1.5	Suggestions and recommendations for senior citizens	Chapter 1 Part B

Good Practice 1.6	Inner resource identification	Chapter 1 Part B
Good Practice 3.1	Recommendations for first responders	Chapter 3
Good Practice 5.1	Isabel Fernandez describes a clinical application of EMDR in emergency	Chapter 5
Good Practice 5.2	Del Bono, D. (2019). Emergency at sea. Wading through the chaos of emotions. <i>Group Analysis</i> , Vol. 52(2): 147– 157.	Chapter 5



Project Number: 2020-1-PL-KA202-082075



Co-funded by the  
Erasmus+ Programme  
of the European Union

The European Commission support for the production of this publication does not constitute an endorsement of the contents which reflects the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.