

## **Psyc.E.In. MOOC 1 Learning Unit 3**

### **Stress Responses: Biopsychosocial Perspective**

#### **Suggested reading list**

<b>N.</b>	<b>Year</b>	<b>Citation</b>	<b>Type of publication (article, book, guideline...)</b>	<b>Key words</b>
1	2018	Farchi, M., Hirsch-Gornemann, M. B., Whiteson, A., & Gidron, Y. (2018). The SIX Cs model for Immediate Cognitive Psychological First Aid: From Helplessness to Active Efficient Coping. <i>International Journal of Emergency Mental Health and Human Resilience</i> , 20(2). <a href="https://doi.org/10.4172/1522-4821.1000395">https://doi.org/10.4172/1522-4821.1000395</a>	Article	Psychological First Aid
2	2007	McEwen, B. S. (2007). Physiology and Neurobiology of Stress and Adaptation: Central Role of the Brain. <i>Physiological Reviews</i> , 87(3), 873–904. <a href="https://doi.org/10.1152/physrev.00041.2006">https://doi.org/10.1152/physrev.00041.2006</a>	Article	Neurophysiology of Stress
3	2014	SAMHSA - Substance Abuse and Mental Health Services Administration. (2014). Trauma- Informed Care in Behavioral Health Services. Treatment Improvement Protocol (TIP) Series 57. HHS Publication No. (SMA) 13-4801.	Guideline	Trauma reactions interventions and treatment