



#### **(4) TiP 2.2. Drill: vignette about a real case (Eve).**

##### **I. Beginning of work with a client.**

Eve is 46. As a client, came in because her husband died during the pandemic. He contracted the virus and died in the hospital within 5 days. They both worked in one company. They made a very good relationship. The client has 2 children, aged 20 and 17. Her circle of friends is small. She has little contact with her family. She is convinced that she will not be able to cope in life. Her husband was a support for her. They made decisions together. It was true for all things. Now she feels helpless. She is just trying to survive from day to day. She is depressed, sleeps badly, constantly thinks about losing her husband. She says that only children motivate her to live.

##### **II. The next stage of working with a client.**

After several months of working with EP, her condition improved. It has periods of stability and periods of crisis. The client says that she learns how to be a mother and father at the same time. However, she cannot come to terms with her husband's death. She returned to her former interests. She is relieved to play the guitar. She is very afraid of the future.

Task:

Determine what kind of resilience you find in the client in:

I. The initial stage of work with the client, [.....] A

II. Stage of work with the client [.....] B

A - anomalous survival

B - regenerative resilience

C - adaptive resilience

D - developed resilience