



Psyc.E.In. MOOC 2

Unit 6

2.4 DECISION MAKING Self-Assessment Checklist

Instructions

The following questions evaluate how you approach important decisions in Early Psychological Intervention. It is a qualitative assessment that shows you the Decision-Making aspects to improve. You can use this self-assessment questionnaire as a pre- or post-course evaluation test. Read each question and answer “YES” or “NO”.

Questions	YES	NO
Pre – crisis stage		
1. Do you gather information about risks, resources, cultural issues?		
2. Do you collect and verify relevant information (surveying available information and acquiring the missing)?		
3. Do you define the targets of the interventions?		

Crisis stage		
4. Do you define the targets of the interventions?		
5. Do you involve all the stakeholders or all the people that have knowledge of the topic? Do you clarify members' roles and establish ground rules?		
6. Do you generate a variety of alternatives, combining rational analysis with intuition, and being aware of biases?		
7. Do you implement the decision at the right time?		
Post – crisis stage		
8. If you have any doubts about your decision, do you go back and verify again your assumptions and your process?		
9. Do you critically analyse and evaluate each alternative by rating the decision criteria previously used?		
10. Do you monitor the situation and verify if there have been changes, and if other resources or different solutions are required?		

Each question is given 1 point if the answer is “YES”, 0 if the answer is “NO”. Total score range: from 0 to 10.

Check your score: __/10

Source

FEMA. Decision Making and Problem Solving. IS 241, 2002.
<http://training.fema.gov/EMIWeb/IS/is241.asp>

Kriston, L., Scholl, I., Hölzel, L., Simon, D., Loh, A., & Härter, M. (2010). The 9-item Shared Decision Making Questionnaire (SDM-Q-9). Development and psychometric properties in a primary care sample. *Patient education and counseling*, 80(1), 94-99.

How Great Decisions Get Made: 10 Easy Steps for Reaching Agreement on Even the Toughest Issues. Copyright 2004, Don Maruska. Published by AMACOM, AMA's book division



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