



## MOOC 1 – Learning Unit 5

### Chapter 5 – Methods

#### GOOD PRACTICES

**Title: Article of O'Mahoney, J. & Bereen, S. (2019). The search for a container in a precarious environment. *Group Analysis*, 52(2): 133-146.**

#### Questions:

1. How did the two conductors facilitate disclosure during one of the first sessions described in this article?

---

---

---

---



2. Describe the dynamics underlying the emerging parallel process, leading to feelings of anxiety and unsafety.

---

---

---

---

3. How did the conductors enable the containing function of the therapy group during the middle phase of the group?

---

---

---

---

