

## Scientific Conference

# WCZESNA INTERWENCJA PSYCHOLOGICZNA W OBLICZU NOWYCH WYZWAŃ SPOŁECZNYCH / INTERVENTION PSYCHOLOGY IN THE FACE OF NEW CHALLENGES IN SOCIAL LIFE

Jan Kochanowski University of Kielce, Poland

19th January 2023

## Minutes

### Participants

Please write here the name of all the participants and the name of the institutions they belong to.

The conference was attended by more than 150 representatives of various institutions, including psychologists, psychotherapists, psychoanalysts and trainers of psychologists. In addition, social workers and directors of municipal centres for family support, Crisis Centres, teachers, doctors, nurses, paramedics and employees of the Crisis Management Center also participated in the event. The conference was also attended by students from various fields of study such as psychology, emergency medicine, pedagogy, nursing, public health and physiotherapy. Also attending the conference were our associate partners, from which a large group of psychologists were delegated. Representatives of non-governmental institutions dealing with crisis intervention and psychological support participated in the conference, as well. In addition, experts in the field of psychological early intervention and trauma work were invited.

### Minutes

Please describe:

- The number, profile and typology of participants

Over 150 participants attended the conference, including psychologists, psychotherapists, psychoanalysts, trainers of psychologists, social workers, directors and persons in authority of local social support centres, academic teachers, high school teachers, doctors, nurses, paramedics, employees of local crisis centres.

- The contents of the focus group

The results of the project were presented, and the possibilities of wider use of the developed intellectual outputs were discussed. The project was also promoted in the international aspect, due to the presence of attendees from Ukraine. The results of the IO1 MOOC 1 and 2 were discussed in detail: innovative e-learning trainings, courses and self-study teaching materials dedicated to psychologists, psychotherapists, psychoanalysts and their trainers, and the results of the IO2 Psychological Early Intervention Tool Kit: a Toolkit for Psychologists, Psychotherapists, Psychoanalysts and their Trainers and the IO3 Psychological Early Intervention: a collection of case



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studies containing analyses of various cases in the context of crisis situations. Functionalities of the platform were discussed together.

The following thematic areas were discussed:

- findings of survival psychology vs. therapeutic work with trauma survivors,
- working with trauma in the EMDR approach,
- early psychological intervention with different age groups,
- early psychological intervention with the child in light of the challenges of the modern world,
- activities of the Center for Community Psychological and Psychotherapeutic Care for Children and Adolescents, run by the "Hope for the Family" Association in Kielce,
- crisis psychological service of Lviv in Ukraine 2014 vs 2022.
- The conclusion achieved

Academic teachers, trainers of psychologists pointed out high usefulness of the platform for both target groups due to too little content of a practical nature found in the psychology curriculum, and opportunities for trainers to enhance their training in early psychological intervention using international materials and good practices. The value of tools for the work of both groups was highly appreciated. Those from Ukraine emphasized the validity and timeliness of the posted content and the training of intervention skills for both groups and individual audiences. Translations into multiple languages allow the tools to be reached by many psychologists and their trainers and create international networks for global humanitarian disasters. The current situation in Ukraine was also discussed by the Ukrainian psychologist and speaker at the conference, as well as the possibilities of using the platform in Poland and Ukraine. Ukrainian students of psychology emphasized the value of available materials and their significance in preparation for intervention work.

## Annexes

The following annexes are compulsory:

- Programme
- Signature
- Materials distributed (only if available)
- Pictures

